

HOW TO WEAR A MASK



HOW TO REMOVE A MASK



How to Wear a Mask

Put the instructions beside the correct pictures on the document.

Handle mask by loops and cover nose to chin.
Make sure your mask is clean and dry.
Don't touch your mask.
Wash or sanitize your hands.
Pull loops around your ears.

WORD BANK	
1	sanitize
2	handle
3	loops
4	chin

Match words and definitions

mask strings
to use with your hands
bottom part of the face
make completely clean

How to Remove a Mask

Put the instructions beside the correct pictures on the document.

Don't touch your eyes, nose and mouth.
Wash the mask before wearing another day.
Pull the mask away and fold it.
Lift the ear loops off.
Wash or sanitize your hands.

WORD BANK	
1	remove
2	wearing
3	fold
4	lift

Match words and definitions

bend to make smaller
putting on your face
pull up with fingers
take off completely