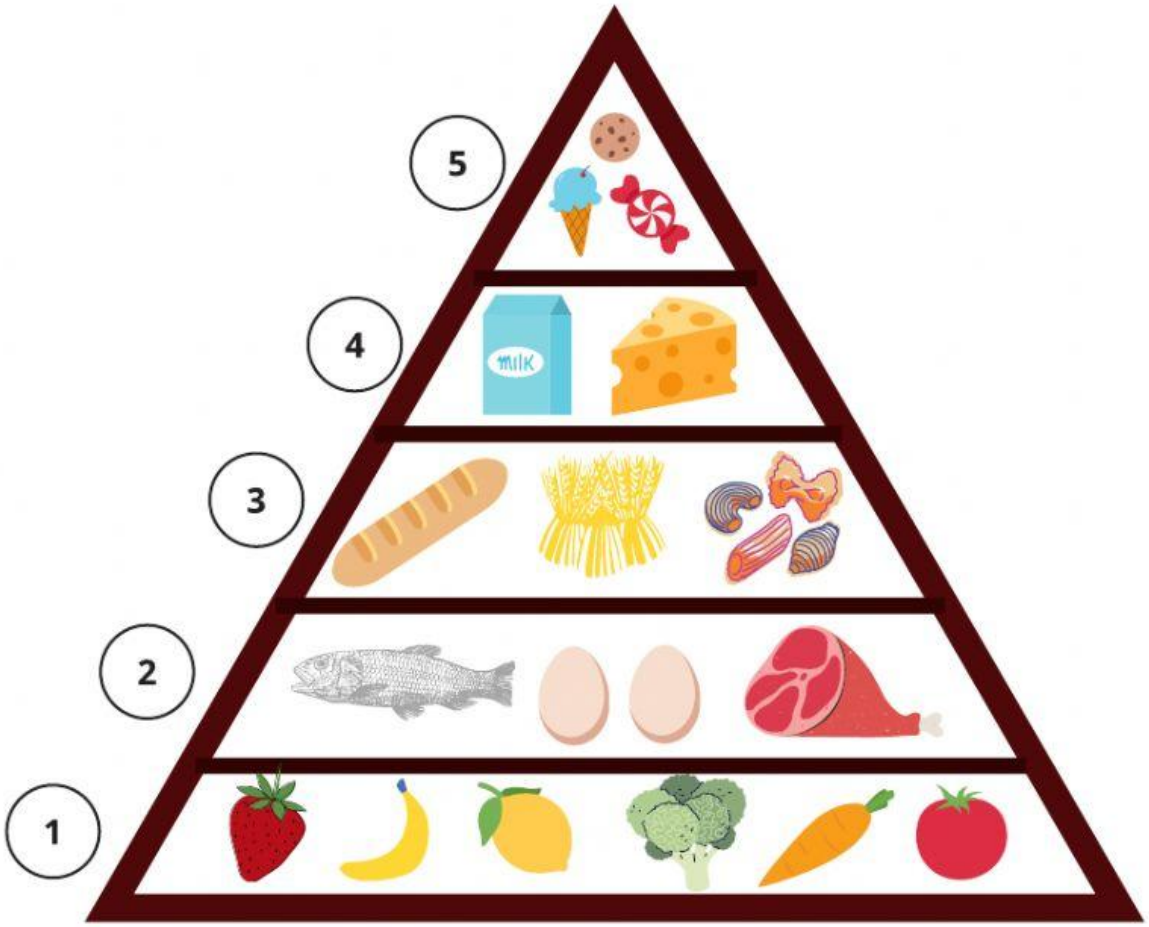
Unit 1. Nutrition and reproduction

Food

1 Write the groups of food.



1 Fruit and vegetables

2

3

4

5

2 Classify these foods.

Fats, oils and sweets

Milk and dairy

Bread, cereals and pasta

Fish, meat and eggs

Fruit and vegetables

Chicken

Orange

Rice

Crisps

Cheese