

LACROSSE

> A little bit of history...

Lacrosse is considered to be **America's first sport** and was invented by North American Indians.



Why they played?

1. To give thanks to the gods.
2. Resolve conflicts between tribes.
3. Prepare for battle or to develop young men.

Games lasted more than a day and **goals** could be a Km. apart with no **side limits**. Teams had as many as 1,000 players, and a **goal** could be a tree or a rock. Balls were made of **stone**, **bone**, **clay** or **wood**. **Sticks** were 3 or 4 foot long with a small triangular net on the end.



GOAL

Stick or
lacrosse

Clay



Stone



Bone



Wood

"This ancient game was extremely violent".

➤ Watch the video and discover how to play lacrosse.



➤ Match the names with the photos.

LACROSSE

HELMET

GLOVES

BALL

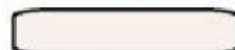
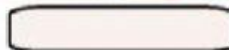
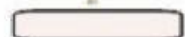
FIELD

PADS

GLASSES

MOUTH GUARD

GOAL



"I HOPE YOU ENJOYED THE TASK"