

FOOD GROUPS

Watch the video. Label the pictures using the words from the box and write the letter according to the food group they belong to. There is one example.

Grains: G	Fruit: F	Vegetables: V	Protein: P	Dairy: D
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noodles	asparagus	juice	bread	lettuce
eggs	raisins	carrots	chicken	rice
strawberries	yogurt	cereal	pears	peanut butter
cheese	milk	beets	fish	ice cream

V



asparagus



