



SCIENCE UNIT 1 TEST

5TH GRADE

DIRECTIONS: Choose from the box the correct word to fill the gaps.

VEGETABLES	PROTEINS	FRUITS
------------	----------	--------

The _____ and _____ take up a half of the plate, grains and _____ take up about one quarter of the plate.

DIABETES	PERSON'S HEALTH	BULIMIA	EATING DISORDERS
OSTEOPOROSIS	BINGE-EATING	ANOREXIA	

It's the bad way people eat: _____. They harm a _____.

Eat very little on purpose: _____

Overeat and feel out of control to stop, then make themselves throw up on purpose: _____.

Eat large amounts of food even though they are not hungry:

_____ and _____ are consequences of a poor nutrition.