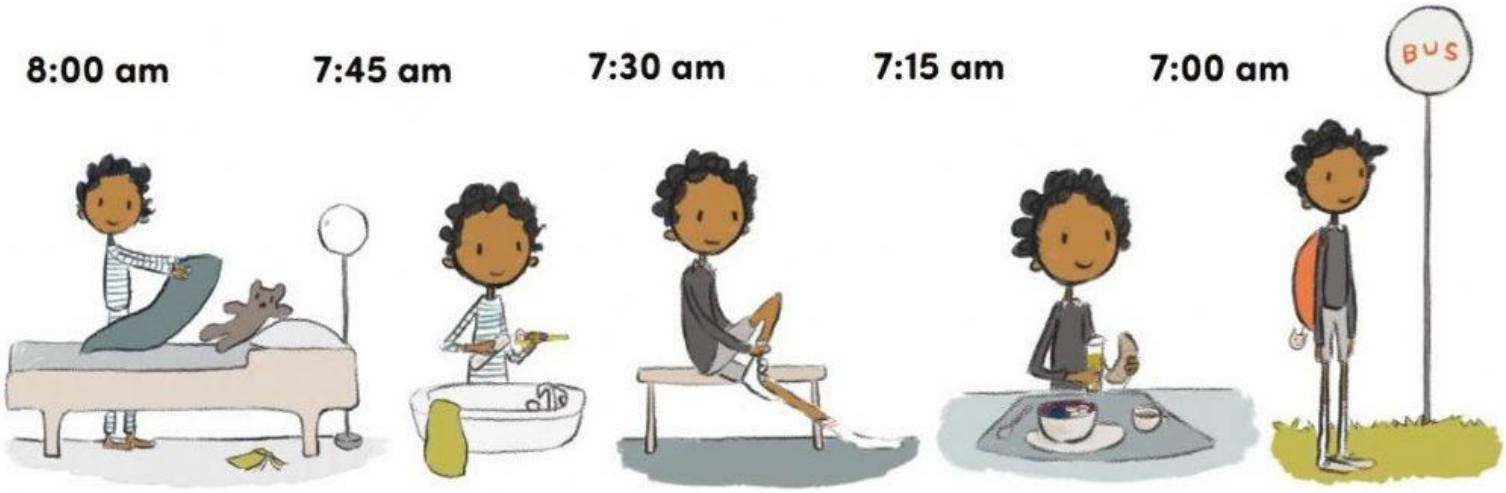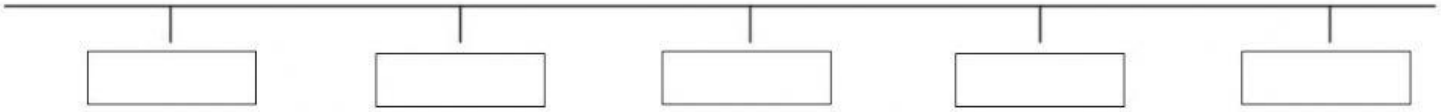8:00 am 7:45 am 7:30 am 7:15 am 7:00 am