

## VLOG: UNIT 1

### 1. Read and answer the questions.

1. What does Charlie eat on day one?

He eats junk food.

He eats breakfast.

He eats a healthy snack.

4. What does Charlie do on day four?

He drinks enough water.

He gets enough sleep.

He does some exercise.

2. What doesn't Charlie eat on day two?

He doesn't eat junk food.

He doesn't eat breakfast.

He doesn't eat a healthy snack.

5. How does Charlie run the race?

He runs fast.

He runs slowly.

He doesn't run – he walks.

3. What does Charlie need to do on day three?

He needs to drink enough water.

He needs to get enough sleep.

He needs to do some exercise.

2. What's your favourite part of the vlog? Write your opinion

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**3. Read and correct the sentences.**

1. Charlie usually does a lot of exercise.

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2. Emily is training for a running competition at the moment.

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3. Sophie usually plays tennis at the weekend.

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4. Jack always eats junk food.

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**4. How can your class raise money to help others like Charlie?**

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