

EXPRESSIONS OF FREQUENCY

a Complete the expressions.

How often do you see your friends?

- | | |
|---------------------------|---|
| 1 every /'evri/ day _____ | M, T, W, Th, F, S, S |
| 2 every w_____ | week 1, week 2, week 3, etc. |
| 3 every m_____ | January, February, March, etc. |
| 4 every y_____ | e.g. 2017, 2018, 2019, etc. |
| 5 once /wʌns/ a _____ | e.g. only on Mondays |
| 6 twice /twais/ a _____ | e.g. on Mondays and Wednesdays |
| 7 three times a _____ | e.g. on Mondays, Wednesdays, and Fridays |
| 8 four times a _____ | e.g. in January, April, July, and October |

b  4.17 Listen and check.

ADVERBS OF FREQUENCY

a What do the **highlighted** words mean? Match sentences 1–6 to a–f.

- 1  I **always** /'ɔ:lweɪz/ get up at 7.00 during the week.
- 2  I **often** /'ɒfn/ go to the cinema after work.
- 3  I **usually** /'ju:ʒuəli/ finish work at 6.00.
- 4  I **sometimes** /'sʌmtaɪmz/ meet a friend for lunch.
- 5  I **hardly ever** /hɑ:dli 'evə/ go to the theatre.
- 6  I **never** /'nevə/ have coffee.

- a About seven or eight times a month.
- b I start work at 8.00 every day.
- c But on Fridays we stop at 3.00.
- d I don't like it.
- e Only once or twice a year.
- f About once or twice a month.

b  4.18 Listen and check.

c  4.19 Listen and repeat the **highlighted** adverbs of frequency.



normally

Normally /'nɔ:məli/ is the same as *usually*.

I normally get up early. = *I usually get up early.*