Present Perfect Simple or Present Perfect Continuous?

Complete

1) Pam _____ (do) homework since 8 o' clock.
2) Pam _____ (just/do) her homework and now she's having lunch.

3) I _____ (read) that book twice.
4) I _____ (read) that book all night.

5) My mum _____ (just/ make) a cake.
6) My mum _____ (make) that cake since 12 o' clock.

7) We _____ (paint) the garage for hours. We're so tired!
8) We _____ (paint) the garage. It looks great!