

**A** You are going to hear an interview about the famous Olympic swimmer Michael Phelps. First translate these key words and expressions.

1. world record	שיא עולמי / رقم قياسي عالي
2. diagnose	
3. event	
4. determined	
5. foundation	
6. non-profit organization	
7. promote	
8. at risk	
9. realize your dream	
10. tough training regime	

**B** Answer questions 1-6 according to the broadcast. In questions 1, 2 and 5, circle the number of the correct answer. In the other questions, follow the instructions.

## MICHAEL PHELPS

When the options in a multiple choice question begin with a Wh- word, try to answer them as if they were questions. The only one you can answer is the correct option.

כasher האפשרות בשאלת אמריקאית מתחילה במילת -Wh, נסו לענות עליהן כאילו הן שאלות. האפשרות שאתם יכולים לענות עליה היא האפשרות הנכונה.

עندما תبدأ الخيارات בسؤال מוגדר الخيارات بكلمة -Wh,حاولوا الإجابة عنها כאילו أنهاأسئلة. الخيار الذي تستطيعون الإجابة عنه هو الخيار الصحيح.

1. What does Cindy explain about Phelps's beginning as a swimmer?
  - (i) Who trained him.
  - (ii) Why he began to swim.
  - (iii) How his father supported him.
  - (iv) How often he competed.

continued →

2. In which Olympic Games did Phelps NOT win a medal?

- (i) Sydney
- (ii) Athens
- (iii) Beijing
- (iv) London

3. What was Phelps offered if he beat the existing world record in 2004?

ANSWER: \_\_\_\_\_

4. What does Cindy tell the interviewer about the Michael Phelps Foundation?

PUT A ✓ BY THE TWO CORRECT ANSWERS.

- (i) How people can contribute.
- (ii) What its goals are.
- (iii) Why it is popular.
- (iv) How much the activities cost.
- (v) How it has helped young people.
- (vi) When activities are held.

5. Phelps's book teaches readers (-).

- (i) how to improve their swimming
- (ii) that anything is possible
- (iii) to plan a training regime
- (iv) to change people's lives

Pay attention to grammar when you need to complete a sentence.

שימו לב לכללי הדקדוק כאשר אתם צריכים להשלים משפט.

اتبوا إلى القواعد اللغوية عندما يطلب منكم إكمال جملة.

6. COMPLETE THE SENTENCE.

According to Cindy, at the London Olympics Phelps did the impossible by \_\_\_\_\_.