

Unit 1

All about grammar

Present simple and Present continuous

We use the **Present simple** to talk about regular events. We use the **Present continuous** to talk about things happening now.

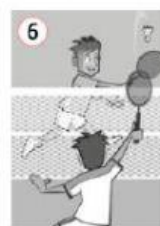
All about grammar

Present simple versus Present continuous

Present simple	I / You / We / They	go	swimming	every day.
	He / She	goes	climbing trampolining	at the weekend. on Fridays.
Present continuous	I'm / You're / We're / They're	going	diving abseiling	in this picture. now.
	He's / She's			

1 Look and complete using the present simple or the present continuous.

do archery -play hockey- play badminton win go abseiling do gymnastics



1 She 's playing hockey today.

2 I _____ on Thursdays.

3 He _____ every day.

4 We _____ our match now!

5 He _____ at school.

6 They _____ in this picture.

2 Write sentences using the present simple or the present continuous.

1 he / do / archery (never) He never does archery.

2 we / do / gymnastics (in this picture) _____

3 they / go / trampolining (sometimes) _____

4 she / play / table tennis (now) _____

5 I / go / running (every day) _____

6 he / go / climbing (usually) (at the weekend) _____

3 Write about what sports you do. (Where? When? How often?)

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why and because

We use **why** to ask the reason for a feeling or a situation. We use **because** to give the reason.

Look

'm → am
're → are
's → is

All about grammar

why and because

?				+		
Why	are	you	quiet? cold? scared?	Because	I'm you're he's she's we're they're	doing (my) Maths homework. wearing a T-shirt. watching a film.
	is	he she			it's	snowing

1 Look and write sentences with because.



- 1 he / scared / he / abseil He's scared because he's abseiling.
- 2 they / tired / they / play table tennis
- 3 I / cold / it / snow
- 4 she / happy / she / learn English
- 5 we / thirsty / it / hot and sunny

2 Look and write questions and answers.

~~thirsty~~ play badminton cold rain hot ~~play football~~ swim in the sea happy



- 1 (he) Why is he thirsty? Because he's playing football.
- 2 (they)
- 3 (I)
- 4 (he)

3 How do you feel now? Are you happy, sad, cold, tired or hot? Why? Write about it.