

Complete the text:

### The respiratory system

The \_\_\_\_\_ is an essential organ for breathing. It is a large dome-shaped muscle situated under the lungs.

**Respiration** has two stages:

1. \_\_\_\_\_: when we inhale **we breathe in the** \_\_\_\_\_ we need to live. The diaphragm contracts and descends.
2. \_\_\_\_\_: when we exhale, **we breath out** \_\_\_\_\_, the waste we don't need. The diaphragm relaxes and rises.

The process of respiration:

- a) We inhale air through the \_\_\_\_\_ **and** \_\_\_\_\_.
- b) Air goes down the \_\_\_\_\_, through the \_\_\_\_\_ and into the \_\_\_\_\_.
- c) Air passes from the \_\_\_\_\_ to the \_\_\_\_\_.
- d) Here, oxygen passes into the \_\_\_\_\_ and **carbon dioxide enters the lungs.**
- e) **We exhale carbon dioxide.**