

HELLO!! Today we are going  
to learn about the  
**MUSCULAR SYSTEM!!**



1. Watch the video about the muscular system and do the activity in the next page.

## 2. Put each word in the correct place

muscles

move

quadriceps

### What System am I?

The **muscular system** allows us to

It is made of

. Some muscles are

bipces, pectorals, abs, deltoids and

.

Deltoids

Quadriceps

Abs

Biceps

Pectorals

