

A) READING COMPREHENSION

To make your own dreams come true is good, but to make someone else's dreams come true is better. At just nine years old, even Conner Long knows this. His younger brother, Cayden, was born with cerebral palsy: this means he cannot walk or talk and will never be able to. Conner wanted to do something special for his brother to make the little boy's life better.

Have you ever tried competing in a triathlon? The race consists of swimming, running and cycling. Some of the toughest races in the world are triathlons and athletes have to be incredibly fit to take part. Conner Long takes part in these races and takes Cayden along with him. He pushes him in a special chair for the run; pulls him on a raft for the swim, and tows him in a cart for the ride. Their mother says that they always got on well, but working for the triathlon races has brought them even closer together.

She says that it has made a huge difference to both their lives. In their first triathlon, Conner only wanted to make it to the finish line. Now he has dreams of making it to the final and he and Cayden are training hard. Because of his cerebral palsy, Cayden can't get out of the house on his own. Whenever he is training or racing with his brother, he smiles and laughs. Conner says that this makes the extra effort worthwhile – and he now refuses to take part in a race on his own. 'It wouldn't be fair,' he says.

Another person hoping to make dreams come true by taking part in a triathlon is Dan Martin. He is planning to complete a global triathlon – swimming the Atlantic, cycling across Europe, Russia and Siberia, and running across the USA – to raise money to educate children in Africa. If he manages to complete all the parts of the race, it will be one of the most extreme endurance events ever finished. But just like Conner, he knows that his hard work will make a huge difference to the lives of others.

1) Read the article quickly. Choose the best title.

- A Making a difference
- B Making dreams come true
- C Keeping control

2) Read the text. Choose the correct answer: a, b or c.**1 Cayden Long cannot ...**

- a walk
- b talk
- c walk or talk

2 Which of these sports is NOT part of a triathlon?

- a running
- b kayaking
- c swimming

3 How does Cayden take part in the swimming part of the triathlon?

- a on a raft
- b in a chair
- c in a cart

4 Where will the swimming part of the global triathlon take place?

- a the Atlantic
- b Europe
- c Africa

5 Why does Dan Martin want to do a global triathlon?

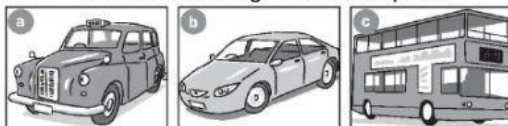
- a to keep fit
- b to raise money
- c to practise his swimming

3) Are the statements true (T) or false (F)?

- 1 Cayden is 10 years old. ____
- 2 Conner wants to race on his own, too. ____
- 3 Cayden enjoys the races. ____
- 4 Conner pulls Cayden behind him as he runs. ____
- 5 Dan Martin wants to raise money for sports lessons in Africa. ____

B) LISTENING COMPREHENSION: Choices pre-intermediate. Track 8. Skills test 7. Ex 2. Mod 7.

Listen to two friends talking. Choose the best answer to the questions.

1 Who is Liam waiting for?**2 How did Gareth get to the hospital?**

3 What is Gareth's job?



4 What is Liam's job?



C) GRAMMAR

1) Complete the sentences with the **Past simple** or **Past continuous** form of the verbs in brackets.

- 1 Adrian (work) in the garden when his neighbour drove by.
- 2 I wasn't at home yesterday morning at 9 o'clock. I (have) a Science lesson at school.
- 3 I (not know) anyone at the party except Jessica.
- 4 It started to rain while they (admire) the view.
- 5 I (turn off) my computer and (leave) the house.
- 6 It was a cold winter night, and most people (sit) around the fire at home.
- 7 We (meet) some wonderful people while we were travelling around Australia.
- 8 While she (clean) the attic, she (find) an old diary.

2) Complete the sentences with the correct form of **used to** and the verbs in the box.

be be cook go have live not do not send study write

- 1 I any exercise, but now I go running every day.
- 2 My best friend next door, but he and his family moved last year.
- 3 Where (they) for their holidays every year?
- 4 '..... (you) a good student?' 'No, I very lazy.'
- 5 Mum all our meals, but now she gets home too late.
- 6 People emails thirty years ago; they letters.
- 7 This village a post office, but they closed it down.
- 8 (Julia) hard for her exams when she was at school?

3) Choose the correct options.

- 1 She's **just** / **yet** received a text from her best friend.
- 2 We've **ever** / **never** been abroad, but we'd love to go.
- 3 I've had my laptop **for** / **since** last week.
- 4 Have you **ever** / **for** seen such a wonderful view before?
- 5 He's fast. He's **ever** / **already** finished his homework.
- 6 It's 11 o'clock, but Fred hasn't got out of bed **already** / **yet**!
- 7 I've been at work **since** / **just** early this morning.
- 8 Why haven't they arrived **yet** / **already**? What's happened to them?
- 9 I've known my best friend **for** / **since** many years.

10 She isn't here. She's **ever** / **just** left the building.

4) Complete the sentences with the Present perfect or Past simple form of the verbs.

1. Gregory.....away last weekend. GO
2. I.....sushi in my life. EAT
3. My sister loves this writer. She.....all of his books. READ
- 4.....you.....a maths test yesterday? HAVE
5. We.....a concert when we went to London. SEE
- 6.....she.....clothes online? BUY
- 7.....you.....the cake I made for your birthday? LIKE
- 8 Sally.....her bike since the accident. RIDE

D) VOCABULARY

1) Complete the sentences with compound nouns.

- 1 The manager asked the c.....to change the light bulbs in the building.
- 2 I like going to school because I enjoy being with my c.....
- 3 Most city centres in the US have tall s.....
- 4 People don't use w.....to make flour any more.
- 5 The b.....played with the children for an hour and then she put them to bed.

2) Choose the correct options.

- 1 'Can you open the window?' 'No. I tried, but finally I gave **up / in / out**.'
- 2 I must **see / look / get** after my little sister this evening. My parents are going out.
- 3 I want to **work / put / set** up an organisation to protect the forest near our town.
- 4 The young people in my town hang **off / over / out** at the shopping centre.
- 5 Please fill **after / in / up** this form and give it to your teacher.

3) Complete the sentences with the correct form of *go*, *keep* or *make*.

- 1 What are you going to do to your dreams come true?
- 2 They're abroad for their holiday again this year.
- 3 Don't tell him anything. He can't a secret.
- 4 Our team didn't it to the final.
- 5 I'm worried because my dog's missing.
- 6 He's got a new job and it's a big difference to his life.

4) Complete the sentences with the correct form of the word in brackets.

- 1 The (photograph) took lots of pictures, but she wasn't happy with them.
- 2 What's the name of the (sculpt) who created those enormous (sculpt) in the park?
- 3 My favourite (art) are Renoir and Vermeer.
- 4 J.K Rowling is one of the most popular (novel) in the world.
- 5 Shakespeare was England's greatest (play).