

Daily Routine

1: Using hours, complete the text according to your own information.

Hi, my name is..... I am..... years old, and I am going to talk about my daily routine.

I usually wake up at..... early in the morning, but I always.....some minutes later, at..... After that, I brush my teeth and take a shower at..... At....., I brush my hair and get dressed. My family and I have breakfast at around..... a.m. I go to work at..... I am a/an..... I work from.....to..... I usually have lunch at..... I come home at.....pm. At....., I have dinner. Sometimes I watch tv at..... in the evening. And finally, I go to bed at.....

2: Find the meaning of the following word and phrases in your own language.

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| • Brush your teeth | • Brush your hair |
| • Take a shower | • Go shopping |
| • Take a bath | • Go for a walk |
| • Get dressed | • Take out the trash |
| • Go to school | • Clean the house |
| • Have lunch | • Read the newspaper |
| • Wash the dishes | • Surf the internet |
| • Read a book | • Water the plants |
| • Do your homework | • Relax |
| • Cook dinner | • Listen to music |
| • Go to bed | • Do the laundry |
| • Play with friends | • Iron the clothes |
| • Exercise | • Feed the dog |
| | • Walk the dog |

