Watch the video "The five most common regrets people have before they die."

Express regrets and speculate about how the past could be different for one of the situations. For example:

1. Remaining in an unfulfilling career.

I should have chosen a different career. (regret)

I might have been happier. (possible chance)

It would have been more satisfying. (certainty)

I could have enjoyed my work more. (opportunity)

I must have been crazy to work there for so long! (conclusion)

2. Not spending enough time with family.

Express regret:

_____

Speculate (not certain):

_____

Speculate (very certain):

_____

Express a possible opportunity:

_____

Make a logical conclusion:

_____

3. Not expressing true feelings more.

Express regret:

_____

Speculate (not certain):

_____

Speculate (very certain):

_____

Express a possible opportunity:

_____

Make a logical conclusion:

_____

4. Not keeping in touch with old friends.

Express regret:

_____

Speculate (not certain):

_____

Speculate (very certain):

_____

Express a possible opportunity:

_____

Make a logical conclusion:

_____

5. Not taking enough vacation.

Express regret:

_____

Speculate (not certain):

_____

Speculate (very certain):

_____

Express a possible opportunity:

_____

Make a logical conclusion:

_____