

Watch the video "The five most common regrets people have before they die."

Express regrets and speculate about how the past could be different for one of the situations. For example:

1. Remaining in an unfulfilling career.

I should have chosen a different career. (regret)

I might have been happier. (possible chance)

It would have been more satisfying. (certainty)

I could have enjoyed my work more. (opportunity)

I must have been crazy to work there for so long! (conclusion)

2. Not spending enough time with family.

Express regret:

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Speculate (not certain):

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Speculate (very certain):

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Express a possible opportunity:

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Make a logical conclusion:

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3. Not expressing true feelings more.

Express regret:

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Speculate (not certain):

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Speculate (very certain):

---

Express a possible opportunity:

---

Make a logical conclusion:

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4. Not keeping in touch with old friends.

Express regret:

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Speculate (not certain):

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Speculate (very certain):

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Express a possible opportunity:

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Make a logical conclusion:

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5. Not taking enough vacation.

Express regret:

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Speculate (not certain):

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Speculate (very certain):

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Express a possible opportunity:

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Make a logical conclusion:

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