

IDIOMS

Go the extra mile

Make an extra effort



Let the cat out of the bag

To reveal a secret



Pitch in

Join or help



Once in a blue moon

Rarely



Straight from the horse's mouth

Directly from the person involved



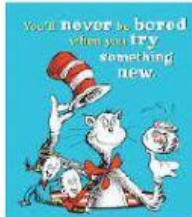
Up a creek without a paddle

In a bad or unlucky situation



Give it a whirl

Try something



Under the weather

Feeling sick



Hit the hay

Go to bed



Keep your chin up

Stay strong



Activity

1. Choose the correct idiom and complete each sentence.

up the creek without a paddle - let the cat out of the bag - pitch in

keep your chin up - once in a blue moon

give it a whirl - under the weather - go the extra mile

time to hit the hay - straight from the horse's mouth

1. Tim _____ about my surprise birthday party.
2. Get the whole family to _____ and help make your recycling habit a permanent one.
3. I see her _____, because she's always working.
4. That news came _____, so it's true.
5. My car broke down in the middle of nowhere and my phone had no signal. I was _____.
6. I don't know how to begin, but I'll _____, anyway.
7. I don't feel like going out today. I'm feeling a bit _____.
8. I love staying at that hotel. They always _____ to make their guests happy.
9. I'm exhausted. Time to _____ !
10. Even if things have been difficult for you, always _____, everything will be normal and alright soon. Source: theidioms.com