

# Understanding Your Medication

1) Lee la información sobre tipos de medicación. Escribe el título que le corresponde a cada una.

**TRADITIONAL MEDICINE - NATURAL HEALTH PRODUCTS**

**Types of Medication:**

- **Prescription medicines** – such as antibiotics, blood pressure and other medicines which are obtained with a prescription
- **Over the counter medicines (OTCs)** – such as allergy medicines, cough and cold medicines
- **Vitamins and minerals**
- **Herbal medicines** – such as herbals, homeopathic medicines
- **Traditional medicines** – which could include medicines specific to certain cultures or countries



2) Arrastra el nombre a cada imagen.

LIQUIDS -	INJECTIONS -	INHALERS/PUFFERS -	SUPPOSITORIES -
TABLETS -	CREAMS/OINTMENTS -	CAPSULES EAR/EYE DROPS -	PATCHES -
NASAL SPRAYS -			

3) Estudie las siguientes abreviaciones

**The Information in Your Prescription**

It is a good idea to make sure that you can read and understand what is written on your prescription before you leave your doctor's appointment or pharmacy. You should know which medicine you are being prescribed and how you are supposed to take it.

**These are some commonly used abbreviations that you may find on a prescription for when to take your medicine.**

**BID** - twice a day  
**TID** - three times a day  
**QID** - four times a day  
**HS** - at bedtime  
**Q4H** - every 4 hours

**Q12H** - every 12 hours  
**QAM** - every morning  
**PO** - by mouth  
**PRN** - as needed  
**UD** - as directed

**SL** - under the tongue  
**ung** - ointment  
**ac** - before meals  
**pc** - after meals  
**STAT** - right away

4) Lea las siguientes observaciones

**Observation**  
**- Patient Medications -**

**Brighton Central Hospital**



**Paul White**  
Mr. White requires hydrocortisone **QOD**.

**Robert Green**  
Give Mr. Green 200 mg of acetaminophen **TID**.  
These should be taken **ac** with water.

**Greg Anderson**  
Mr. Anderson requires injections frequently – **QID**.  
If his heartbeat is irregular, give him a 25 cc injection of lidocaine **stat**.  
Notify the physician on call right away.

**Anne Smith**  
Mrs. Smith can have ibuprofen **PRN**. She must take it **pc**, so bring some food with it. She should also take her antibiotics **qhs**.

**Carol Thompson**  
Ms. Thompson needs steroid injections **BID**, in the morning and night.  
Her I.V. drip should be exchanged **q h**.

5) Determine si los siguientes enunciados son Verdaderos (true) o Falsos (false)

1 \_\_\_\_\_ El Señor Green debería tomar sus pastillas para la enfermedad del corazón después de comer

2 \_\_\_\_\_ La Señora Thompson necesita inyecciones de esteroides tres veces al día

3 \_\_\_\_\_ El Señor Anderson tiene una condición que podría requerir atención inmediata

Match the words (1-5) with the definitions (A-E).

1	__	QID	4	__	BID
2	__	QOD	5	__	TID
3	__	PRN			

- A given three times per day
- B given every other day
- C given twice per day
- D given as needed
- E given four times per day

6) Una las palabras con las definiciones

7) Escribe una palabra que sea de significado similar a la que está subrayada

**Write a word that is similar in meaning to the underlined part.**

- 1 Get that medication immediately \_ t \_ \_
- 2 Take this medicine when you go to bed. \_ \_ s
- 3 Give Mr. Aimes his meds before he eats. \_ \_
- 4 Administer these pills once every hour. \_ \_
- 5 Be sure the patient gets her dosage after she eats. \_ \_