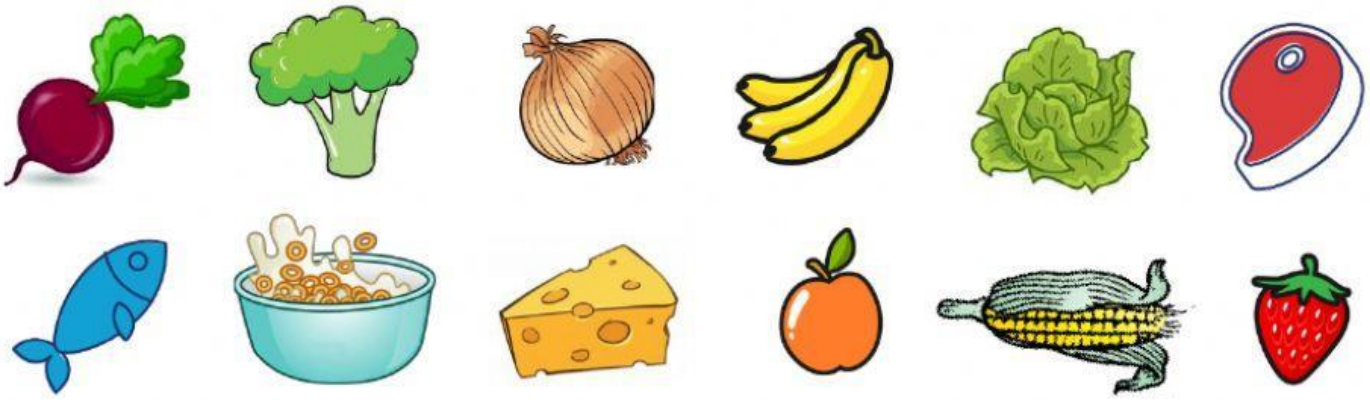
Healthy Food





Proteins

Grains

Fruits

Vegetables

