

Complete the space in blanks with the correct answers

COFFEE

Coffee is popular around the world. (0)_____ the past centuries, few subjects have been as carefully studied as coffee. Its (9)_____ important component is caffeine and it has lots of benefits.



Coffee has been well-known (10)_____ the beginning of the 14th century, (11)_____ Sufi Yemenis started using coffee to stay alert during special activities. It became a popular medicine (12)_____ Europeans in the 1600s.

Caffeine was first (13)_____ in the 1800s by Ferdinand Runge, a doctor that found out some effects that coffee has on people.

Some people say (14)_____ coffee isn't good, but doctors say you (15)_____ believe this. Thanks to caffeine you don't get hungry. Coffee can also reduce headaches and blood problems. (16)_____ many people believe coffee is bad, studies show it is good for your heart.