

## **EVS WORKSHEET-2**

### **TOPIC- FOOD FOR US**

**Drag the food items in respective columns.**



Body building food	Energy giving food	Protective food

**Choose the healthy food habits.**

**1. John washes his hand before meals. \_\_\_\_\_**

**2. Ria drinks water from the garden tap \_\_\_\_\_**

**3. John never skips his breakfast \_\_\_\_\_**

**4. Ria does not waste food \_\_\_\_\_**

**5. We should always eat junk food \_\_\_\_\_**