



### Do the word puzzle.

1. I like carrots. I eat enough          .

2. I don't stay up too late. I get       sleep.

3. Did she      her teeth? Yes, she did.

4.        your muscles!

5. I get enough    . I sleep for eight hours at night.

6. I play football every day. I do enough        .

7. Wiggle your       !

8.     your knees!

9. Did you go for a walk? Yes, I   .

10. Touch your        !

11. Don't eat too much        .

12. Bend your     !