

Self-study 3: Preparing for learning

Lesson Objectives:

I can read and understand a short text about daily activities.

I can read and recognise the days of the week.

I can listen and recognise different daily activities.

I can understand the meaning of usually, sometimes, never, always. I can spell correctly the days of the weekend.

I can write short sentences correctly about daily activities.

Vocabulary:

Days of the week:

Do you know the days of the week?

Tuesday	Friday	Wednesday	Monday	Saturday	Thursday	Sunday
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Put the days of the week in the correct order starting with Sunday:

1. Sunday
2.
3.
4.
5.
6.
7.

Q: Answer the questions below:

Example:

Tuesday is the day **after** Monday. Wednesday is the day **before** Thursday.

1. How many days are there in a week?

- a. 5 b. 7 c. 8

2. The day after Sunday is?

- a. Wednesday b. Saturday c. Monday

3. The day before Friday is?

- a. Tuesday b. Thursday c. Saturday

4. Wednesday is the day after?

- a. Tuesday b. Thursday c. Monday

5. The day after Friday is?

- a. Sunday b. Thursday c. Saturday

Take a look at Emma's calendar:

Emma's weekly activity

My Week		
Monday	 College	Restaurant
Tuesday	 College	Gym
Wednesday	 College	Read
Thursday	 College	Family Meal
Friday	Shopping	Read
Saturday	Study	
Sunday	 College	

What do you think of Emma's week?

Q2: Choose the correct answer:

Hi everyone!

This is a typical week in my life:

Q1: Of course I _____ *to college* every day and that's really great. But I do lots of other things too!

- a. do b. go c. eat

Q2: On Sundays I _____ *shopping* in the mall with my girlfriends. I love that!

- a. study b. do c. go

Q3: On Mondays I _____ *in MacDonalds* with my sister. Wow!

- a. eat b. cook c. go

Q4: On Tuesdays I _____ *exercises* at the gym. That's important!

- a. eat b. go c. do

Q5: On Wednesdays I _____ *music*. I love the piano!

- a. cook b. study c. do

Q6: On Thursdays I _____ *a special meal* with my mother. Family time is good!

- a. do b. pray c. cook

Q7: On Fridays I _____ with my sisters and mother at home. Allah is great!

- a. pray b. go c. study

Q8: On Saturdays I _____ for my college classes. I love English!
a. do b. study c. go

Listening Activity:

Listen to the Radio interview with famous film star, then answer the questions below:

<https://youtu.be/PvO2zH2EuQ>

Q: Choose whether the answers to these questions are true or false.

Example:

The film star in the interview is called Fatima. **False**

1. Malika usually gets up early. True false
2. Malika never eats breakfast. True false
3. Malika has a shower before going to the studio. True false
4. She usually eats lunch. True false
5. Malika goes to bed early. True false

Q: listen again and fill in the sentences using the following words:

Usually day always never

1. Tell us about a typical _____ in your life!
 2. I _____ get up early.
 3. I _____ have a good breakfast.
 4. I _____ eat lunch.
-

Preposition of time:

<https://youtu.be/JKYALlbDssQ>

On + day of the week e.g.

On Wednesdays I play tennis.

On Fridays I go to the park.

In English we use the word 'on' with days of the week
when we do something on a regular basis e.g. We
add 's' to the day of the week.

Adverbs of frequency

How often do you do something?

Rewrite the sentences by using the frequency adverb between brackets.

Example:

1. I get up early (usually)

I **usually** get up early.

2. I play tennis (sometimes).

3. I eat breakfast (always).

4. I drink tea (never).

I use the **present simple tense** when I talk about activities that I do everyday.

For example;

I usually get up early.

I sometimes play tennis.

I always eat breakfast.

I never drink tea.

Are the following statements about you true or false?

<https://youtu.be/2lfB9nL936c>

1. I never get up early. True false

2. I usually eat breakfast. True false

3. I sometimes do my homework. True false

4. I always eat lunch in the evening. True false

Listen and complete the sentences:

<https://youtu.be/cz-XNtGkMJo>

1. On Mondays I

2. On Tuesdays I

3. On Wednesdays I

4. On Thursdays I

5. On Fridays I

6. On Saturdays I

7. On Sundays I

Complete the words for the days of the week.

1. W

2. F

3. Sa

4. Th

5. Su

6. Tu

7. M

Write in your notebook:

Punctuate the following sentences with capital letters and full stops. (There are 12 mistakes)

Example: In my free time I have many things I like to do.

in my free time i have many things i like to do i like to paint and draw i also like playing games
on the internet i love to watch films and i like to listen to music my favourite hobby is reading

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Self-assessment

Read and tick ✓

I can recognise the course Self-study activity types.

I can read and understand a short text about daily activities.

I can read and recognise the days of the week.

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I can understand the meaning of usually, sometimes, never, always.

I can spell correctly the days of the weekend.

I can write short sentences correctly about daily activities.