

INTERMEDIATE- Online Lesson 25

Click on the link and do the activities on the video

<https://en.islcollective.com/video-lessons/sherlock-and-watsons-first-meeting-modal-verbs>

Feelings and Emotions

1. Match what the people say to what they are feeling.

excitement and surprise	boredom	embarrassment	
relaxation	stress and worry	disgust	fear

I have NOTHING to do. ___ *BOREDOM* _____

1 I went to my boyfriend's birthday party but it had been the previous day! _____

2 I watched a horror film last night. _____

3 I'm doing exams all this week. ___ _____

4 I walked into my house and everyone was there to celebrate my birthday! _____

5 I'm having a nice hot bath. ___ _____

6 My friend is eating ice cream with tomato sauce. _____

2. Write what YOU feel when you see the following. Write the NOUNS (embarrassment, disgust, fear, etc)



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3. Complete the sentences with the *-ed* or *-ing* adjective form of the words in brackets.

People who talk all the time are annoying (annoyance).

1 All my friends are away this weekend; I'm so _____ (boredom).

2 In some countries people eat snake. I think it's _____ (disgust).

3 Marina forgot her words in the play, so she was really _____ (embarrassment).

4 My brother is _____ (excitement); he graduated! 5 Reading a good book in bed is _____ (relaxation).

4. Complete the sentences with the correct form of the words (noun or adjective).

Mum is angry (anger) with me because I came home late last night.

1. Dad found it _____ (surprise) that I had cooked dinner for the family.

2. That was definitely the most _____ (bore) film I've ever seen!

3. Some people get a feeling of _____ (disgust) at the thought of eating insects. I certainly do!

4. It's always _____ (stress) when you have exams.

Music, mood and health

Complete the words in the dialogues. (you'll find this vocabulary on page 42)

1 **A** Why did you t_____ the music o_____? **B** Because it was so loud that I couldn't hear myself think!

2 **A** When I'm out jogging, I listen to loud music. **B** Me too! And if I want to go fast, I listen to hip hop. It s_____ u_____ my running.

3 **A** Hey, don't be sad. Shall I play some music? That might c_____ you u_____.
B Sure. Let's listen to Drake's new song.

4 **A** Heather! T_____ d_____ that music. Now! **B** Sorry, Mum.

5 **A** You've been very busy this week, Dan. **B** I know, but at the weekend I'll be able to s_____ d_____ and relax.

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Choose the correct words.

Hey Wendy,

How are your exams going? I was feeling really stressed last week because I couldn't seem to **distract / concentrate / reduce** on my revision, but I've (1) **calmed down / sped up / turned off** a little now and I feel more relaxed. It's all thanks to a music company called focus@will. It's got a music streaming site like Spotify or Pandora, but the music is different. It's not the kind of music that you want to turn (2) **up / down / off** and (3) **affect / speed up / sing along** to. It's music that (4) **cheers up / increases / slows down** your ability to focus.



It's hard to explain, but the music (5) **increases / affects / reduces** your brain and stops things from (6) **distracting / concentrating / improving** you. I've been using it for about three days now and my ability to study has really (7) **reduced / improved / turned down**.

You should go online and listen to it so you'll understand what I'm talking about.

See you at the weekend,

Stephen

Modal Verbs

Choose the correct answer, a, b or c.

1 Jonathan _____ be very embarrassed after falling over because his face is really red!

a can't

b must

c might

2 My little sister ___ be frightened on the roller coaster, so I'm not going to take her on it.

a couldn't

b may not

c might

3 She's wearing an orange dress and a pink cardigan. I think she ___ be colour blind.

a must

b may

c might not

4 Grant ___ be feeling stressed about his exams, but perhaps not. He usually gets good grades.

a must

b can't

c could

5 Christopher ___ know that his behaviour is annoying, so I'm going to tell him.

a could

b might not

c can

6. That ___ be your favourite food. It looks absolutely disgusting!

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a can't

b may not

c can

Passive-aggressive Signs

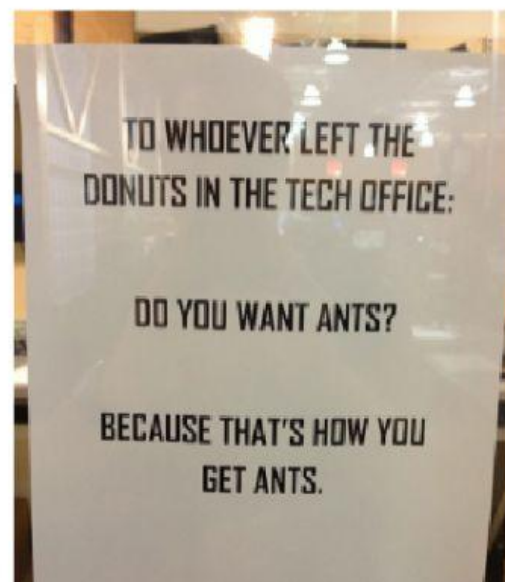
Rewrite the following signs using the modal verb in brackets.



(MUST)

(SHOULDN'T)

(MUSTN'T)



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Rewrite each sentence using **can, can't, might or must**, and beginning and ending as shown.

1 Sarah is really good at swimming.

Sarah.....well.

2 It's possible that our team will win.

Our teamwin.

3 I'm sure this isn't the right road.

This.....the right road.

4 I'm sure you work very hard!

You.....very hard!

5 I suppose you're Mrs Perry. How do you do?

You.....Mrs Perry. How do you do?