



**STAR KIDS DLC**  
**1<sup>st</sup> Quarter - Quiz No. 2**  
**Science and Health III**

**Name:** \_\_\_\_\_

**Level and Section:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Score:** \_\_\_\_\_ **Parent's Signature:** \_\_\_\_\_

**I. Tell whether each of the following practices is Good or Bad for your body. Write your answer on the blank. The first one is done for you. (5 points)**

**Good** 1. Drink milk before going to bed.



\_\_\_\_\_ 2. Eat six times a day.



\_\_\_\_\_ 3. Exercise regularly.



\_\_\_\_\_ 4. Drink soda every after a meal.





\_\_\_\_\_ 5. Eat calcium rich foods like tofu.



\_\_\_\_\_ 6. Sleep at least 8 hours a day.



**II. Muscular System. Read each sentence carefully. Identify the missing word. Drop down and choose the correct answer. (5 points)**

1. Muscle came from Latin word \_\_\_\_\_.
2. \_\_\_\_\_ are body tissues that give shape or form to the body.
3. Muscles that move even without your brain ordering them to do so are called \_\_\_\_\_.
4. Muscles found in your heart are called \_\_\_\_\_.
5. The smallest muscle that is found in the ear is called \_\_\_\_\_.

**III. Skeletal System. Label the parts of the bones. Write your correct answer in the box. Choose your answer in the box. (5 points)**

phalanges

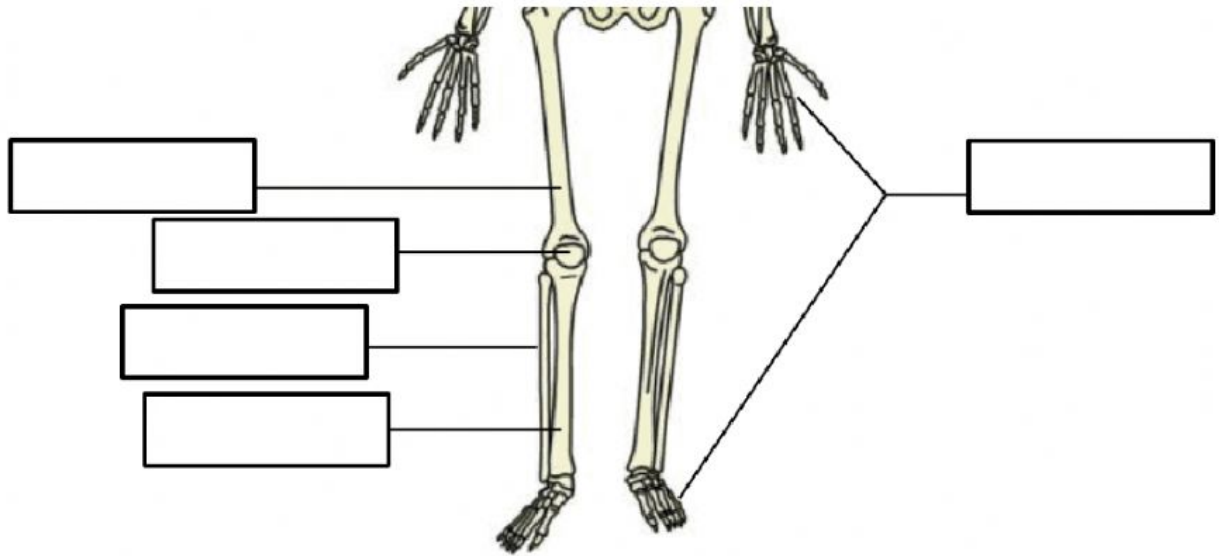
fibula

patella

femur

tibia





**IV. Memory Verse. Write Matthew 4:4 on the blank. (5 points)**

\_\_\_\_\_ answered, "It is written: 'Man shall not live on \_\_\_\_\_ alone, but on every \_\_\_\_\_ that comes from the \_\_\_\_\_ of \_\_\_\_\_.'"

bread

God

word

mouth

Jesus