1.

The label is telling us about … of a product.

NUTRITION INFORMATION Serving per package:Avg 2/serving size: 30 g			Ingredients: Sugar, Cahsew, Milk Solid, Cocoa Mass, cocoa butter. Vegetable Fat, Emulsifier (322:Soy). Salt, Flavour
	Average quantity Per serving	Average quantity Per 100 g	
Energy	709 kJ (169 Cal)	2360Kj	
Protein	3,6 g	12,0 g	
Fat total	10,5 g	35, 9 g	
Saturated	4,8 g	15,9 g	
Carbohydrate	14,4 g	47,6g	
Sugars	11,9 g	39,6 g	
Sodium	45 mg	148 mg	

The steps

The goals

The materials

The nutrition information

2. Which of the following sickness cannot be relieved by this medicine?

COLD BREAKER LIKE YOU NEVER FEEL ANY COLD Fast relief for:	
Congestion	100 tablets
Runny nose	USP
Coughs	200 mg
Headache	
Fever	

Headache

Coughs

Cancer

Fever

3. What's the writer's purpose to write the text above?

COLD BREAKER LIKE YOU NEVER FEEL ANY COLD Fast relief for:	
Congestion	100 tablets
Runny nose	USP
Coughs	200 mg
Headache	
Fever	

To inform the process of making Cold Breaker

To persuade people to use the product

To explain the ingredients of the product

To describe the illnesses that can be cured

4. The label is telling us about … of a dietary supplement.

MILK CALCIUM **Dietary Supplement** **600 mg 100 Soft gels**		
Supplement Facts **Serving size : 1 soft gel**		
Amount per 1 soft gel		% Daily Value*
Vitamin D	200 IU	50
Calcium (from milk)	600 mg	60
Zinc	15 mg	*
*Daily value has not been established		
Other ingredients: Gelatin, Glycerin, Purified Water		
Directions: As a dietary supplement, take one soft gel for adults daily.		
Manufactured for: NU-HEALTH PRODUCTS CO. Walnut, CA 91789 Made in U.S.A.		EXP 04 27 10 LOT 2 75 61

the information

the usage

the materials

the benefits

5. When would it be best to consume the product?

MILK CALCIUM **Dietary Supplement** **600 mg 100 Soft gels**		
Supplement Facts **Serving size : 1 soft gel**		
Amount per 1 soft gel		% Daily Value*
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Manufactured for: NU-HEALTH PRODUCTS CO. Walnut, CA 91789 Made in U.S.A.		EXP 04 27 10 LOT 2 75 61

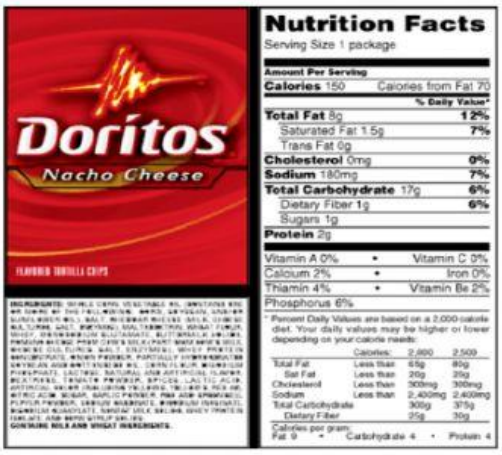
Before April 27th , 2010.

After April 4th, 2010.

On April 4th, 2010.

During April 4th, 2010.

6. What is the purpose of the text?



To describe to the product

To tell of value of the product

To advertise the product

To give detailed information about the product

7. how many pieces can you find in the package ?

Nutritions Facts			
Serving size 1 (about 50 Chips)			
Amount per serving			
Callories 160	Calories from fat 90		
			% Daily Value
Total fat	**10 g**		**16%**
Saturated Fat	1,5 g		8%
Trans Fat	0 g		
Colesterol	**0 mg**		**0 %**
Sodium	**170 mg**		**7 %**
Potasium	350 mg		10 %
Total Carbohydrate	**15 g**		**5 %**
Dietary fiber	1 g		5 %
Sugar Less than	1 g		
Protein	**2 g**		
Vitamin A	0 %	Calsium	0 %
Vitamin E	6 %	Niacitin	6 %
Vitamin C	10 %	Thiamin	4 %
Vitamin B6	10 %	Iron	2 %

five

fifty

fifteen

fifty five

8. The medicine is for...

Cough Tablets For Dogs & Cats

Life Science Cough Tablets are an expectorant, antitussive and cough suppressant for temporary relief of cough symptoms in dogs and cats. Most commonly recommended to control symptoms of Canine Kennel Cough and Feline Upper Respiratory Disease.

Dosage:
Small dogs and cats: 1/2 tablet; repeat in four hours.
Large Dogs: 1 tablet every four hours.
Note Do not use for puppies or kittens under 3 months of age or dogs or cats less than 5 lbs. (2.3 Kg) body weight.

Active Ingredients:
Guaifenesin 100 mg
Dextromethorphan Hydrobromide 10 mg
Caution: If animal's cough is persistent or chronic cough is accompanied by excessive secretions, prolonged depression or fever, consult a veterinarian.

veterinary use only

human

dogs

cats

9. how many tablets do we need for a big dog ?

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Active Ingredients:
Guaifenesin 100 mg
Dextromethorphan Hydrobromide 10 mg
Caution: If animal's cough is persistent or chronic cough is accompanied by excessive secretions, prolonged depression or fever, consult a veterinarian.

two hundred and fifty tablets a month

a half tablet every four hours

a tablet every four hours

four tablets every hour

10. From the label we know that the product contains .... Cholesterol

Nutrition Facts

Dry Roasted Peanuts

Serving Size: 1 peanut (1g)

Amount Per Serving	
Calories 5.9	Calories from Fat 4.5
	% Daily Value*
Total Fat 0.5g	**1%**
Saturated Fat 0.1g	0%
Trans Fat 0g	
Polyunsaturated Fat 0.1g	
Monounsaturated Fat 0.3g	
Cholesterol 0mg	0%
Sodium 4.1mg	0%
Potassium 6.3mg	0%
Total Carbohydrates 0.2g	0%
Dietary Fiber 0.1g	0%
Sugars 0.1g	
Protein 0.2g	
Vitamin A	0%
Vitamin C	0%
Calcium	0%
Iron	0.1%

* Percent Daily Values are based on a 2000 calorie diet.

a lot of

a little

a few

none

BANANA CHOCOLATE CHIPS

Ingredients : Organic figs, Organic agave nectar, organic ground flaxseed, non gmo brown rice bran, organic freeze dried banana, organic dark chocolate chips, filtered water, organic banana flavour, green tea extract, oregano extract.

Chocolate chips are produced on equipment taht also produces milk chocolate. Produced in a facility that also produces products containing soya and tree nuts.

Nutrition Facts

Serving Size 1 Muffin
Servings Per Container 6
Calories 130
Calories from Fat 50

*Percent Daily Values are based on a 2,000 calorie diet.

Amount / Serving	% Daily Value*
Total Fat 6g	**9**%
Saturated Fat 2.5g	**13**%
Cholesterol 30mg	**10**%
Sodium 230mg	**10**%
Total Carbohydrate 18g	**6**%
Dietary Fiber 2g	**8**%
Sugars 11g	
Protein 4g	

Not a significant source of trans fat.

NO DAIRY – NO EGGS – NO REFINED SUGAR – NO TRANS FAT

11. The product doesn't contain…

chocolate

fiber

milk

egg

12. how often should we give the medicine ?

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Note Do not use for puppies or kittens under 3 months of age or dogs or cats less than 5 lbs. (2.3 Kg) body weight.

Active Ingredients:
Guaifenesin 100 mg
Dextromethorphan Hydrobromide 10 mg
Caution: If animal's cough is persistent or chronic cough is accompanied by excessive secretions, prolonged depression or fever, consult a veterinarian.

every hour

twice a day

three times a day

once every four hours