

Immunity booster kadha worksheet
Click at the ingredients used for this
recipe:

Haldi/ Turmeric powder	Mirchi powder
	
Lasan/ Garlic	Adrak/ Ginger
	
Kali miri /Black pepper	Lavang/ Cloves
	
Kokam	Dalchini/ Cinnamon
	

Gud / Jaggery	Tulsi
	
Kali draksh (Black Raisins)	Salt/ Namak
	
Water	Pudhina (mint leaves)
	