

Home Economics (Family and Consumer Sciences) Orientation Worksheet

Home Economics also called _____ is a field of study that deals with the relationship between individuals, families, communities and the _____ in which they live.

It helps members of the _____ prepare for their expected roles in the society, it helps the family to _____ their homes effectively.

The 3 major areas of Home Economic studies in the Caribbean are:

1. Food, Nutrition & Health
2. _____
3. Textiles, Clothing and Fashion

Home Economics is an _____ part of the _____ which applies knowledge from a variety of subjects notably the Natural Sciences, Visual Arts, Social Science and Mathematics, to the management of the environment, clothing, food and nutrition, shelter, _____ and human relationships within the family, _____ and workplace.

For developing countries like Trinidad and Tobago and the rest of the region home economics education makes significant contribution towards family life and stability as it exposes students to the fundamental principles of _____, health and nutrition.