

how emotional are you?

1 Which nouns express the emotions below?

EMOTIONS	NOUNS
AFRAID	
HAPPY	
ANGRY	
JEALOUS	
SAD	

2 Match the feelings with the definitions 1-6.

bored confident disappointed embarrassed
grateful nervous

- feeling or showing thanks *grateful*
- unhappy because something wasn't as good as you hoped, or didn't happen
- worried about something that will or might happen
- sure that you can do something well
- feeling ashamed or shy
- unhappy because something isn't interesting or you've got nothing to do

3 Choose the correct option.

- The team was *cheerful* / *disappointed* when they lost the match by one point.
- I was *jealous* / *embarrassed* when my brother got a new tennis racket and I didn't.
- Isabelle never lends me anything, not even a pencil! She's so *serious* / *mean*.
- Callum always sleeps with the light on, otherwise he feels *afraid* / *miserable* that something bad will happen.
- I felt so *embarrassed* / *strange* when I forgot the words I had to say in the play.
- I'm very *fond* / *bored* of my great-aunt Lily. She's so kind.

ADJECTIVES WITH -ED OR -ING

4 Complete the sentences with the correct form of the words in brackets.

1 (bore)

- a** The long train journey was
- b** Sean was because he had nothing to do.

2 (embarrass)

- a** It was really when I fell over in the street.
- b** I felt because I wore the wrong clothes to the party.

3 (relax)

- a** Sitting on the beach with a good book is
- b** I feel when I listen to music.

4 (excite)

- a** My friends are about the skiing trip.
- b** The action film was really

5 (amuse)

- a** Rachel laughed because the video clip was very
- b** My grandfather was when he heard the joke.