The idiom	*What it means*
A bird in the hand is worth two in the bush	To manage by yourself without the help of others
To be caught between the devil and the deep blue sea	To be passive/ to prefer to let someone else take responsibility or be in charge
The world's your oyster	To be in a difficult situation where neither of your options is pleasant
To rub someone up the wrong way	To be doing the wrong thing for the result you want
To grab the bull by the horns	You are in a lucky position to freely choose whatever you want to do next
To strike while the iron is hot	If you're prepared, you'll get the benefit of your efforts more quickly
To take a back seat	It's better to keep what you have than risk it trying to get even more
To turn over a new leaf	To react to someone's words or a situation that is designed to cause a reaction in you
To be barking up the wrong tree	It's not something I really enjoy
To rise to the bait	To be stupid (jokey phrase)
It's not my cup of tea	To change your habits for the better
The early bird catches the worm	To meet a challenge head on and deal with it
To be a lone wolf	To act when you have the motivation or ability to do something you want to do
To be talking out of your backside	To talk rubbish
To roll with the punches	To do something that irritates someone (on purpose or accidentally)
To be a sandwich short of a picnic	To appear harmless while actually being a threat or danger
To blow your own trumpet	To be resilient in the face of difficulty
To be a wolf in sheep's clothing	To be restless or nervous
Like a cat on a hot tin roof	To enjoy the benefit of your hard work
To enjoy the fruits of your labours	To praise yourself in front of others