

- Put the words under the correct category (*Clasificar las palabras en el cuadro en: saludable o no saludable*) Tener en cuenta que comer mucha cantidad de algunos alimentos NO es saludable.

pizza - flour - fries - hamburger - sandwich - pancake - chocolate volcano - cake - ice-cream
 - salad - soup - breadsticks - onion rings - mashed potatoes - spaghetti - chicken -
 mozzarella sticks - brownie - barbecue - cheese - egg - oil - salt - lettuce - water - soda -
 juice - candy

HEALTHY 	UNHEALTHY 

- Read the blog. Choose the correct word. (*Leer y elegir la palabra correcta*).

Easy menu blog

Hi. Here are my new ideas for a tasty menu.

First, I've got some snacks. I love something salty like **spaghetti/breadsticks** and something sweet like **chocolate volcano/ice-cream**.

After that, I've got these fun **salad/candy** for the starter (an idea from the internet).

Next is the main course. Today it's **mozzarella sticks/brownie** with olives and red peppers. I love making these. They are easy to cook and you can have them with **cake/water**.

Finally, my favourite: dessert! There's **hamburger/brownie** with **ice-cream/salt**. I like this because there aren't many ingredients and it's easy to make. Just buy the "Exquisita: brownies", **eggs/chicken, water/juice** and **oil/butter**. Then serve with ice-cream. Mmm! Delicious!

Enjoy your meal! And join me next month for another easy menu.

