

MATCH THE TYPES OF PROTEINS WITH THE PICTURES.

DRAW A LINE.



- 1. Quorn
- 2. Peas
- 3. Dahl
- 4. Fish
- 5. Eggs



Proteins

Dairy

Products

Carbohydrates

Fruit and Vegetables

Fats and

Sugar









II. COMPLETE THE TABLE WITH NAMES OF **FOODS FROM THE DIFFERENT FOOD** GROUPS. WRITE. 🖄

meat	beans	cucumber	pasta	rice b	arley	broccoli
yoghurt	milk	fish	breads	fromage frais	carrot	duck

Proteins	Carbohydrates	Dairy	Vegetables