

## Taking Care of your Body

Instructions: Click the pictures that show ways to take care of one's body.

1.

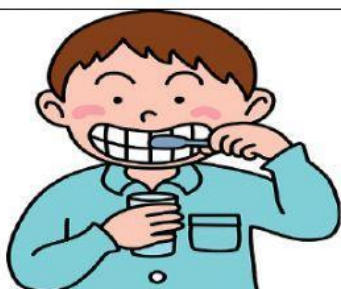


Only eating junk food.



Eating a balanced meal.

2.



Brushing your teeth after meals.



Eating too much candy.

3.



Playing in the dirt.



Taking a bath regularly.

4.



Going to sleep early.



Staying up late.

5.



Being inactive.



Being active.