

NAME: \_\_\_\_\_

DATE: \_\_\_\_\_

CLASS: \_\_\_\_\_

# ( ACTIVE LISTENING )

LISTEN AND YOU WILL BE LISTENED TO

Scan the text. Identify the words in **bold** and try to guess the meaning.  
Read the text again. Circle the words you don't know.

When you are listening to the teacher, do you look at the wall, your fingers, the desk, your classmates and you don't know what they are **saying**? What about when you're talking to your friends? You can't wait until they are finished, so you can **tell** your part of the story, right? Or, do you only talk **about yourself** when you are talking to your parents? Do you really listen to what other people are **trying** to tell you? Well, if you want to feel **understood** and let your voice be **heard** you must begin with truly listening to what the others are saying. Listening to your friends or parents' stories and opinions will help you develop a stronger relationship with them. You will be more **empathetic** to their **feelings** and emotions and, in return, they will be more interested in yours. So, what is active listening? Active listening **means** to really listen to what the others are saying, **without judging**, without interrupting or rushing to speak when they are finished. It also means asking questions or **giving** opinions about what they are saying, not just about yourself. Be quiet and **face** the other person. **Make eye contact** and read their body language, everybody is trying to express something!

List or draw 5 things you can do to be a better listener

