

## Part 1

You are going to read an extract from a novel. For questions 1–8, choose the answer (A, B, C or D) which you think fits best according to the text.

In the exam, mark your answers on the separate answer sheet.

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The four of us, my best friend Ruth, my parents and me, were walking over a piece of damp moorland in Scotland. It was cold, in spite of the spring sunshine, and rather bleak. I have to say, I'd been quite anxious about Ruth when we set out. I wasn't sure how a New Yorker would react to all this empty scenery. Although she's lived in London for years, this was the first time she'd ever been to Scotland, which was surprising. It was also the first time she'd been on a trip with my family, which was not so surprising. My parents almost never go away.

My family runs a travel agency, so a holiday's just like work for them – or so they say. Just occasionally, though, something gets them moving. This time it was a small advert in the newspaper. My father saw it in the travel section, which normally he only reads for research purposes. It was a special offer – a long weekend in a farmhouse at a really good price. What was crucial, though, was that it ended with the magic words 'excellent bird-watching country'. Suddenly, we were in the car heading north for Scotland.

'I think I've just seen a sparrow-harrier,' said Ruth, 'but now all I'm getting is sky.'

'Binoculars can be very tricky if you're not used to them,' said my mother.

'So can bird names,' I said. 'You've just invented the sparrow-harrier. It must've been either a sparrowhawk or a hen harrier.'

line 18

My father was struggling with one foot deep in a wet patch of mud. He heaved it free; it gave out a loud squelch. 'In actual fact,' he said, 'it was a buzzard.'

I think Dad likes bird-watching the way some people like fishing. It gives him an excuse to go somewhere lonely and stare into space. To be fair, though, he can get quite animated; when he thought he'd spotted a firecrest up an oak tree, he brought the binoculars up so fast he blacked both his eyes. I remember trying not to laugh. Somehow, though, I hadn't expected Ruth to find it appealing. Here she was staring at a disappearing dot in the sky and saying, 'Okay. So can I claim to have seen a buzzard? Even though I didn't know what it was?' My father bent down and pointed to a small, boring plant, half-hidden in the grass. 'What's that?' he said.

Ruth examined it carefully. 'I have absolutely no idea,' she said.

'Neither have I,' said my father, 'but whatever it is, we've definitely both seen it.'

'I think that was a "yes" to your buzzard question,' said my mother.

We only had one more day away. Then it was back to reality for all of us. Ruth and I are both taking a 'year out' between school and college. I have to admit things weren't turning out exactly as we expected – though bits have been really good. The idea was to work and save, then travel and party. I got a job at once, as an assistant at the agency. I would like to point out, here, that this only sounds like an easy option to people who have never worked for my parents. It's been hard for Ruth to find jobs though, so she never has much money. It's a pity because, wherever you want to travel, you have to pay – unless you're my parents, of course. It was on the walk back to the farm that they began to discuss free holidays. Which I have to say I thought was very tactless of them.

First, my father sympathised with my mother about hotel managers who offered her a room for nothing in the hope she'd include them in one of the agency's tours. Then my mother sympathised with my father about tour operators who offered a no-charge away-break to encourage him to sell their excursions.

'People get jealous because they think you'd enjoy such trips,' said Mum, 'but we rarely accept the offers and, if we do, it's just another part of the job.'

line 44

Later, Ruth said she'd more or less guessed right then what was going to happen. I hadn't. I was too busy being indignant at the waste. I didn't begin to get ideas until that evening when my mother took a call from the office.

- 1 What worried the narrator about the trip before they left?
  - A whether Ruth would get on with her parents
  - B whether her parents would enjoy themselves
  - C whether Ruth would appreciate the landscape
  - D whether low temperatures would spoil their fun
  
- 2 According to the narrator, what had attracted her father to the trip?
  - A the place where he saw it advertised
  - B the relatively low cost it involved
  - C the chance to practise his hobby
  - D the opportunities for research
  
- 3 The word 'squelch' in line 18 describes
  - A the noise something made.
  - B the way something looked.
  - C a way of moving something.
  - D a way of talking about something.
  
- 4 The narrator mentions the incident with the firecrest to show
  - A how unlucky her father tended to be.
  - B how keen on bird-watching her father was.
  - C how amusing her father could be at times.
  - D how knowledgeable about birds her father was.
  
- 5 Why did the narrator's father point to a plant?
  - A as a way of answering Ruth's question
  - B to stress the importance of identifying things correctly
  - C to encourage Ruth to appreciate various types of wildlife
  - D to suggest that you can never be completely sure what you have seen
  
- 6 How does the narrator feel about her 'year out' so far?
  - A Most of it has been enjoyable.
  - B She is thoroughly disappointed by it.
  - C It has not been going according to plan.
  - D This holiday is the best part of it to date.
  
- 7 What does the narrator suggest about her job?
  - A It isn't very well paid.
  - B It doesn't really interest her.
  - C It's fun working with her parents.
  - D It's much harder than people imagine.
  
- 8 The narrator feels 'indignant' in line 44 because her parents
  - A turn down opportunities for free travel.
  - B are offered free trips for commercial reasons.
  - C told Ruth about the free trips they have enjoyed.
  - D didn't enjoy the free holidays that they have been on.

## Part 2

You are going to read an article about a mountain climber. Seven sentences have been removed from the article. Choose from the sentences **A–H** the one which fits each gap (**9–15**). There is one extra sentence which you do not need to use.

In the exam, mark your answers on the separate answer sheet.

# I run up mountains

Mountain climbing hasn't developed much in the past fifty years or so, but I want to introduce a new style. I call it 'skyrunning'. It means climbing high mountains as fast as possible and using as little equipment as possible. Skyrunning is the most honest kind of mountaineering.

Some years ago, I decided to climb Mount Aconcagua, the highest mountain in the Americas. On the day I planned to climb, I met some people preparing their ascent, which usually takes three days. They were wearing down jackets and heavy climbing boots. **9**  They asked me: 'What, exactly, are you planning to do?' And I said: 'I want to climb to the summit and come back in five hours.' They looked at me, said nothing and turned around. I'm sure they thought I was completely mad. In the end, I needed four hours and twenty-five minutes.

I've climbed several mountains this way, including the 'seven summits', the highest mountains on each continent. **10**  When I climbed Mount Everest, the only nutrition I took with me was carbohydrate gels, salted crackers and about three litres of rosehip tea. It took me sixteen hours and forty-two minutes to go up – a new speed record on the northern route.

I have also set speed records on Antarctica's Mount Vinson, the Carstensz Pyramid in New Guinea and other summits. Attempts such as these need months of training and preparation, as with any serious sport. To build up strength, I sometimes haul an enormous tractor tyre behind me while running uphill. **11**  I call it 'the beast' because of the aggressive energy I build up during these training sessions.

The psychological side of training is as important as the physical. I use foreign languages to affect my mental

state and enhance my performance. I shout things out in these, even though I know there's nobody to hear me. I'm Austrian and speak only a few words of the Russian language. **12**  I couldn't tell you why that should be the case.

Whereas Russian is full of energy and strength, English is a language that calms me and helps me to focus. Two years ago, I was climbing in Nepal and knew that I was in danger from avalanches. I noticed that I kept saying to myself: 'Hey man, take care!' **13**  It was as if one part of me had stepped outside myself to make sure I made the right decisions, and that phrase helped.

For other people, this might sound ridiculous, but I don't care. In high altitudes, any mistake can be lethal, and I know how it feels to face death. Seventeen years ago, when I was twenty-four, I was climbing with a friend in the Karakoram mountains in Pakistan at about 18,000 feet. **14**  It was the sound of an avalanche, which hit us and broke my right thighbone.

My friend pulled me out of the snow, but although we had survived, we realised he wouldn't be able to drag me back to the base camp. I said: 'Go, just leave me here.' And he left me behind. I lay alone in the mountains for days. Sometimes I hallucinated, other times I shouted. **15**  Finally, my friend came back with other climbers and saved me. I thought extreme mountaineering was too risky at first, but slowly my perspective changed.

There are so many mountains to climb, but I know my records won't last forever. In ten or twenty years, skyrunning will be established as a sport. I see myself as a pioneer.

**A** All kinds of songs I'd never thought twice about ran through my mind.

**B** I can drag this for four hours at a time.

**C** I couldn't stop repeating that.

**D** I managed to get up all of those without any oxygen or tents.

**E** It's the one I use when I need to push forward through heavy snow, however.

**F** Suddenly, there was an incredible rumble up above us.

**G** These clearly came as quite a shock.

**H** These provided quite a contrast to my tracksuit and cross-country shoes.

## Part 1

You will hear people talking in eight different situations. For questions 1–8, choose the best answer (A, B or C).

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- 1 You hear a man talking about a childhood holiday.  
How did he feel?  
A upset by his brother's attitude  
B disappointed by the weather  
C bored with the local activities on offer
- 2 You hear part of an interview with a novelist.  
What does she say about her novels?  
A She bases them on real-life events.  
B She includes a lot of historical detail.  
C She plans the action very carefully.
- 3 You hear two characters in a soap opera.  
Who is the boy?  
A the woman's patient  
B the woman's student  
C the woman's employee
- 4 You hear part of an interview with a teenage celebrity chef.  
What does she suggest about the pizzas she used to cook at home?  
A She worked out the recipe herself.  
B Her parents helped her to make them.  
C Some were more successful than others.
- 5 You overhear a conversation in a cinema.  
What did the woman lose?  
A her bag  
B her ticket  
C her umbrella
- 6 You hear part of an interview with a young businessman.  
What does he say about interviews?  
A He gets bored answering the same questions.  
B He finds getting ready for them very tiring.  
C He always enjoys the experience.
- 7 You hear a girl talking about a school visit to a recording studio.  
What aspect of the trip did she find most interesting?  
A seeing how a song was actually recorded  
B learning about how the equipment works  
C finding out all about the band's lifestyle
- 8 You hear part of an interview with a teenager about health and fitness.  
What advice does she give about exercise?  
A Some types are better for you than others.  
B Doing it with another person is more fun.  
C It's important to set aside time for it.