

Quiz 2 (Unit 6 On Screen 3)

1 Complete the sentences with adjectives derived from the words in bold.

- 1 Parachuting can be really (DANGER) without the right equipment.
- 2 Let's be really (SUPPORT) of Myra while she's on her diet.
- 3 If you want to lose weight, it's best to avoid (FAT) foods like pizza.
- 4 Kylie does a lot of sports so she is very (MUSCLE) and strong.
- 5 Larry wears (COLOUR) clothes when he goes ice climbing so he can be spotted easily.
- 6 He didn't feel(GUILT) despite the obvious evidence.
- 7 Some new kitchen appliances are really(HELP) for the novice cooks.
- 8 I'm(THIRST). Can I have a glass of water, please?
- 9 To become a(SUCCESS) chef one has to be(CREATE) and(SKILL).
- 10 His dish was(SIMILE) to mine but I didn't mind.
- 11 People sometimes consume food which can be(POISON) if it is not prepared in the right way.

2 Complete the dialogues with: *twisted, burn, catch, hit, broke, pull, sprained, cut, bruise, come* .There is one extra word.

- 1 A: Why are you wearing a bandage, Craig? Did you your hand on the hot stove?
 B: No, I was chopping onions with a sharp knife and accidentally my finger.
- 2 A: I have a huge on my foot. I dropped a heavy box on it when I was carrying in the shopping last week.
 B: You should be more careful. You could a muscle lifting heavy things.
- 3 A: What happened to you wrist?
 B:I it while playing tennis.
- 4 A: Did you hear about Harvey? He crashed his bicycle and his head.
 B: Yes, it's awful! He his leg as well. He's wearing a cast.
- 5 A: What is bothering you, Samantha?
 B: It looks like I havemy ankle while I was hiking in the mountains. I'm in a lot of pain, doctor.

6 A: hi Jill. What seems to be the problem?

B I have a sore throat and a terrible cough. I believe I am going to down with flu.

3 Match the pairs.

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|--|-----------------------------------|
| 1 Susan is selfish; | a she thinks a lot about her. |
| 2 Susan worries about Mary | b she thinks a lot about herself. |
| 3 Trevor silently read the story | a to himself. |
| 4 Trevor called his son and read the story | b to him. |
| 5 Graham needed it, so he took it | a for him. |
| 6 Tom needed it, so Graham took it | b for himself. |
| 7 The baby can't | a dress herself. |
| 8 It takes ages to | b dress her. |
| 9 My neighbours organised the party | a each other. |
| 10 My neighbours don't like | b themselves. |
| 11 Remember to try it | a yourselves. |
| 12 Remember to write to | b one another. |

4 Complete the sentences with reflexive/ emphatic pronouns.

1. John hurt _____ while he was jogging in the park.
2. The boys fooled _____.
3. My colleagues gave _____ a lot of trouble while solving the problem.
4. My friends and I have got _____ into a mess.
5. The guests enjoyed _____ at the party.
6. You have set _____ an unattainable goal, be reasonable guys!
7. This kettle can't switch _____ off as something is broken.
8. You always think only about _____, Pablo!!
9. I cannot bring _____ to do it.
10. The poor woman poisoned _____ trying to get rid of rats.

5 Read the texts. For questions 1-4, choose the correct option A, B or C.

- | | |
|----------------------------|-------------------------------------|
| 1 Text A is mainly about | 3 Text C says that oysters |
| A honey in medicines. | A will give you more energy. |
| B desserts with honey. | B taste best when cooked in a stew. |
| C different uses of honey. | C should be eaten in the summer. |
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- | | |
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| 2 Which of these is NOT true about Tibetan food? | 4 The purpose of the email in text D is to |
| A There are a lot of dairy products in Tibetan food. | A explain the raw food diet to Julian. |
| B Momos can be cooked in more than one way. | B ask Julian if he's tried the raw food diet. |
| C Momos are filled with spicy oil and pepper sauce. | C talk about celebrity diets. |

A Living the Honey Life

Everybody's heard of honey, a delicious sweet food that is made by bees using the nectar of flowers. It is commonly used in cooking, baking and in desserts. It can also be found in drinks such as tea or mixed with mustard to make a delicious salad dressing. However, here are four other ways honey can be used:

- 1 Honey can be made into excellent cough medicine.
- 2 Honey can be used to treat wounds.
- 3 Honey boosts your energy levels.
- 4 Honey reduces symptoms of allergies such as hay fever.

Check our website for more info on Honey!

B A Healthy Tibetan Snack

Traditional Tibetan food is delicious! Most meals include dairy products such as goat's milk, cheese and butter as well as dumplings, noodles and barley grain. Tibet is a wonderful place to try snacks. A favourite of locals and tourists alike are delicious hot Momos.

Momos are traditional Tibetan dumplings which you can buy everywhere. They can be either fried or boiled and contain either meat or vegetables. They are served with oil and pepper sauce for a delicious spicy flavour and a mug of tasty hot chocolate. It is a must-try dish for anyone visiting Tibet.

C The Meal that Heals

Are you ready to cook? This week's 'Meal that Heals' is my delicious Oyster Stew (go to page 5 for details).

Oysters are the ideal healthy option for lots of reasons.

Oysters:

- are low in calories and are an excellent source of protein
- contain iron which naturally boosts your energy levels
- reduce the risk of heart problems as they are high in omega-3

So what are you waiting for? Start cooking as an oyster expert today!

Hot tip: They taste better in cooler weather.

D

From: Luanne

To: Julian

Subject: Raw Food

Dear Julian,

Are you still looking for a new diet? I've been doing some research for you. Have you ever heard of the raw food movement? It's a diet where you only eat uncooked food. The results are incredible and it's a great way to have a cleaner lifestyle. In fact, a lot of celebrities, such as Madonna and Gwyneth Paltrow are doing it! By eating uncooked food, you can be sure that your food hasn't had artificial flavours and chemicals added to them. Meals are easy to prepare and allow you to be really creative with ingredients such as fruit, vegetables and nuts. Maybe we could try the diet together. What do you think?

Luanne