



PERÚ

Ministerio
de Educación

GRE La Libertad

UGEL
Sánchez CarriónI.E. San Nicolás
HuamachucoAPRENDO
en casa

ENGLISH: Level Pre A1

WEEK 06

Healthy Food!

ACTIVIDAD 1

Superfoods

Exercise 1

Unscramble the words to write the months of the year, then listen (🔊) and record (🗣️) your own pronunciation.

MONTHS OF THE YEAR

DMR EBE CE	M HAR C	OOR TCB E	L UYJ	I PAR L	SMR EBE PTE
Y MA	JAN YUR A	E UNJ	NMR EBO VE	UA UST G	FUR ABE YR

LET'S PRACTICE!

PRACTICE EXERCISE 1

Read the text and complete the chart. Follow the example.



What are sweet potatoes?

They are super roots. Sweet potatoes are orange, purple, orange-red or white. They are from the central coast of Peru. Sweet potatoes are in season all year.

SWEET POTATOES

FOOD GROUP	
COLOR	
FROM	
IN SEASON	

PRACTICE EXERCISE 2

Look at the chart and **complete** the text with the correct information. Follow the example.



1. What are ?
2. They are .
3. They are .
4. They are from .
5. Sweet peppers are in season .

SWEET PEPPERS

FOOD GROUP	Super vegetables
COLOR	Red, yellow, orange, or green
FROM	Peru and Bolivia
IN SEASON	All year.

PRACTICE EXERCISE 3

Complete the sentences using "is" or "are". Follow the example.



COUNTABLE NOUNS "IS or ARE"

Example:

Singular



It **is** green.

It's green.

Plural



They **are** green.

They're green.



UNCOUNTABLE NOUNS "IS"

Example:

Singular



Cañihua is from the Peruvian Andes.

It **is** from the Peruvian Andes.

It's from the Peruvian Andes.

Maca, sachu inchi and muña have NO plural. Go back to: "NOTEMOS ALGO" and see a list.

1. Olives from the coast of Peru.
2. Maca in season from May to August.
3. Sweet potatoes in season from January to December.
4. Sweet peppers red, yellow, orange and green.
5. Sachu Inchi bright yellow.
6. Yuccas super roots.