Ma Tau Chung Government Primary School
Primary 4 English
Vocabulary Pre-test
Theme: A Healthy Diet

Name:_____( ) Date:_____
Class:____

Food contains different nutrients to keep us healthy. Fill in the blanks with correct words.

bread	diseases	fish	grow	vitamins
vegetables	energy	cheese	rice	dairy products

	Food Examples	Functions
Protein	➢ meat ➢ 1. _____	➢ Make us strong. ➢ Help our bodies 2._____.
Carbohydrates	➢ potatoes ➢ 3. _____ ➢ 4._____	➢ Give us 5. _____.
6._____	➢ oranges ➢ strawberries ➢ 7._____	● Stop us from getting sick. ● Help us fight against 8._____.
Minerals	➢ milk ➢ 9._____ ➢ 10. _____	● Keep our teeth and bones strong.