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Ministerio
de Educación

GRE La Libertad

UGEL
Sánchez CarriónI.E. San Nicolás
HuamachucoAPRENDO
en casa**ENGLISH: Level Pre A1****WEEK 05****Healthy Food!****Activity 1: Shopping list**

REMEMBER:
"Healthy eating means
eating a variety of foods."



FOOD GROUP	SHOPPING LIST (FOOD)	FUNTION
Meats and Fish	Fish  Steak  Ham  Tuna fish  Chicken 	Give you energy.
Vegetables	Broccoli  Carrots  Lettuce  Peppers  Potatoes 	Help your digestion.
Fruits	Strawberries  Apples  Pineapples  Grapes  Oranges 	Give you nutrients, minerals, Vitamins and dietary fibre.
Dairy Products	Cheese  Milk  Yoghurt  Butter  Eggs 	Give you calcium.

Understand - Exercise

Read the statements and circle TRUE or FALSE. Follow the example.

Circle: TRUE or FALSE?

1. Yoghurt gives you energy and protein.	True	False
2. Victor likes dairy products.	True	False
3. Carrots are examples of vegetables.	True	False
4. Juana says, "fruits give you energy".	True	False
5. Steak gives you energy.	True	False
6. Oranges give you nutrients, minerals, vitamins and dietary fibre.	True	False
7. Jorge likes carrots and peppers.	True	False
8. Vegetables help your digestion.	True	False



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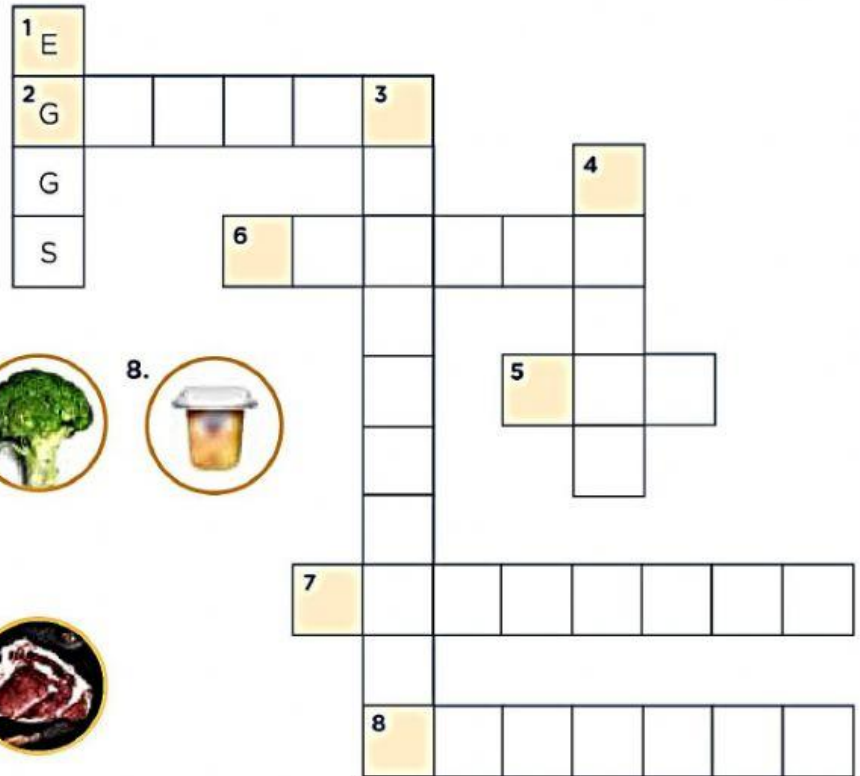
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LET'S PRACTICE!

PRACTICE EXERCISE 1

Look at the pictures and **complete** the puzzle. Follow the example:

FOOD



Across →



Down ↓



PRACTICE EXERCISE 2

Write the numbers and the plural.

SINGULAR AND PLURAL

Example:

One apple



Three apples



1. One orange



2. One egg



3. One pepper



4. One pineapple



5. One carrot



6. One potato



7. One strawberry



LOOK!

Para plurales aumentamos una 's' al final de la palabra.
Pero hay algunas excepciones como 'potato', para su plural se
añade 'es' y para 'strawberry' se borra la 'y' y se añade 'ies'

Singular

potato

strawberry

Plural

potatoes

strawberries

En inglés, las palabras chicken, butter, milk, cheese, fish, sugar,
meat, lettuce no tienen plural.

**PRACTICE EXERCISE 3. Complete the conversations. Follow the example.****What _____ do you like?**

What fruits do you like?

I like apples and grapes.

1

What tubers do you like?

I like _____.





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2

What vegetables do you like?



I like _____, _____ and _____.



3

What dairy products do you like?



I like _____.



4

What meats or fish do you like?



I like _____ and _____.



5

What _____ do you like?



I like _____.



6

What vegetables do you like?



I like _____.

YOU

