House of Cards S1 Ep3

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@LizaPrav

goals

talking about health

to be under the weather

Definition and origin

to feel sick.

There is one popular theory about the origin of under the weather that connects it with sailing. Supposedly, when a sailor wasn't feeling well, he would retreat below deck, out of the "weather" above, where he could be described as under the weather.

example

I did not go to work today, as I was feeling a bit **under the weather**. Source: theidioms.com

It took me out for a month.