Choose the correct option : past simple or past continuous?

1) We TRAVELLED / WERE TRAVELLING to the train station yesterday morning when we SAW / WERE SEEING an accident!

2) I WAS BUYING / BOUGHT a new dress yesterday.

3) We WATCHED / WERE WATCHING the film when my brother FELL / WAS FALLING asleep!

4) I HATED / WAS HATING coffee when I was younger, but now I love it.

5) Yani FELL / WAS FALLING over when he PLAYED / WAS PLAYING football this morning.