HEALTHY HABITS

Complete the sentences using **SHOULD** or **SHOULD'NT** + ACTION.

PLAY
DO
EAT (x2)
DRINK
SLEEP
WATCH

You ..... too much TV.

You ..... lots of water.

You ..... some exercise every day.

You ..... too many sweets.

You ..... videogames all day.

You ..... eight hours every day.

You ..... five fruits or vegetables every day.