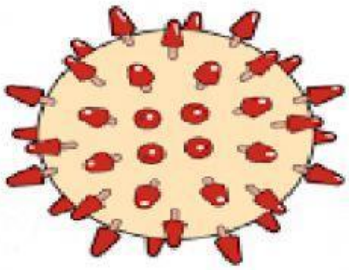
Complete the passage with suitable tense : present perfect or past simple . (dont use comas , puntos , mayúsculas , o contracciones , escribe formas completas)

I 1_____ always _____ (be) very fit and healthy, and I 2 _____(have no) a serious illness. However, a couple of weeks 3, I _____ (catch) the flu. I must admit that until then, I 4_____(not realize) just how unpleasant the flu could be. I 5_____(have) a high temperature for nearly a week, and my whole body hurt. I don't think I 6_____ (feel) so miserable. It's taking me ages to get my strength back. It really bothers me that I haven't had enough energy to play football 7.I_____ (get) ill . In fact, I have been to the doctor to ask if it's normal to feel weak for so long. Hesays I'll soon feel better. Apparently I'm lucky. For some people, especially the old and the weak, the flu can be very serious. Doctors have tried years to find a cure for the flu, but they 8_____ (find not) one. Fortunately, researchers have developed a vaccine which 9_____ (give) effective protection against time ago. the disease. According to my doctor, most of his elderly patient 10 _____(take) their flu

shots.

The flu virus is a sphere covered by numerous proteins known as **hemagglutinin**, which resembles a lollipop