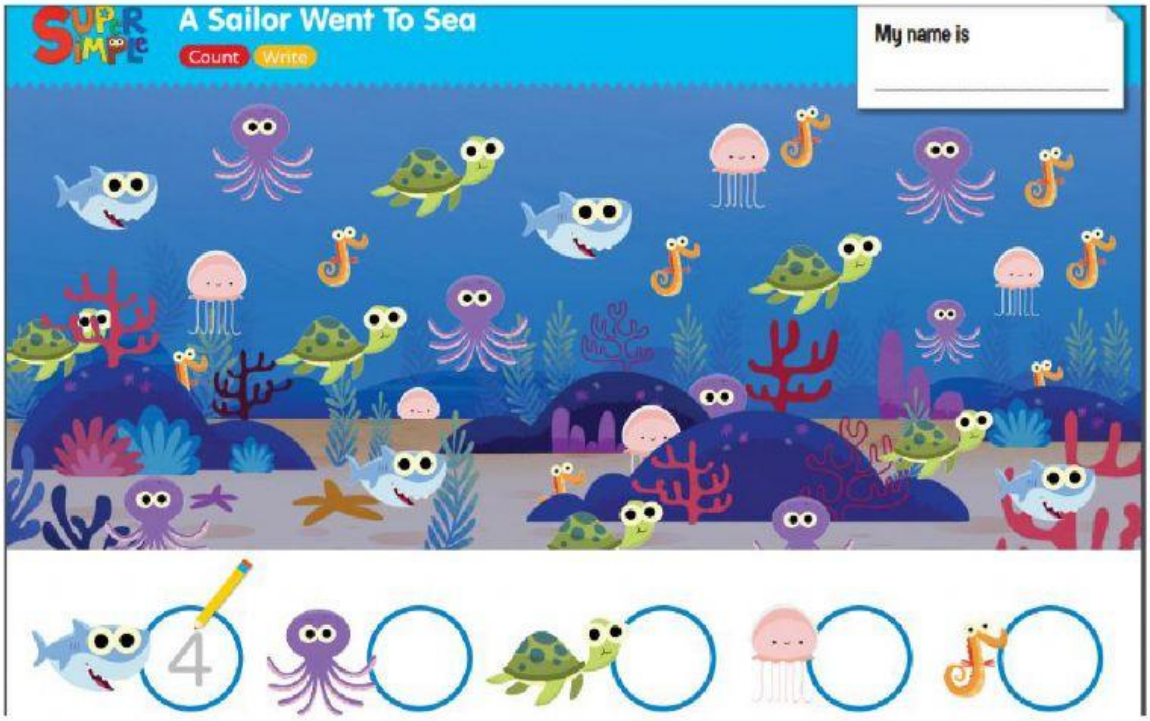
1-WATCH THIS VIDEO:

2-COUNT AND DRAG

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