



LISTENING

Listen to the dialogue. Decide if the statements are True or False.

	TRUE	FALSE
1. Liz gets too little sleep.		
2. She believes that her lack of energy is related to her sleep.		
3. Paul gets more sleep than Liz.		
4. It is possible for Liz to stay in bed until midday at the weekends.		
5. 90% of population don't suffer from insomnia.		
6. Paul sometimes gets insomnia when he stresses about his job.		
7. Liz can't sleep when she's had too much caffeine.		
8. Liz sets more than one alarm.		
9. Paul never uses an alarm clock.		



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