Name:	Date:

Unit 7 Study Skills

Task A: Tick the correct answer.

No.	Study habits	Good	Poor
1.	Distracted by social media and cell phones.		
2.	Plan your study ahead.		
3.	Study on a bed.		
4.	Good time management.		
5.	Wait until the last minute.		
6.	Make notes and revise.		
7.	Study in a quiet place.		
8.	Pay attention when teacher is teaching.		
9.	Study in front of a television.		
10.	Set study goals.		
11.	Study in a group.		
12.	Procrastination.		



Task B: Match the details with the main ideas.

1.	When	you	follow	α	timetable,	you	will	always	finish	your
	work o	n tir	ne. Usir	ng	a timetable	will	also	help yo	u to do	well
	in your	tes	ts.							

2. Always switch off your mobile phone so that your friends cannot call to chat with you. Do not study in front of a television that is switched on because you will be distracted by the noise and the television programmes.

3. When you do not understand a lesson, ask your teacher for help. If you get a poor mark for a test, ask your teacher what you did wrong and how you can do better in the next test.

Reduce distractions when you study.

Make a timetable and use it.

Ask for help when you need it.

