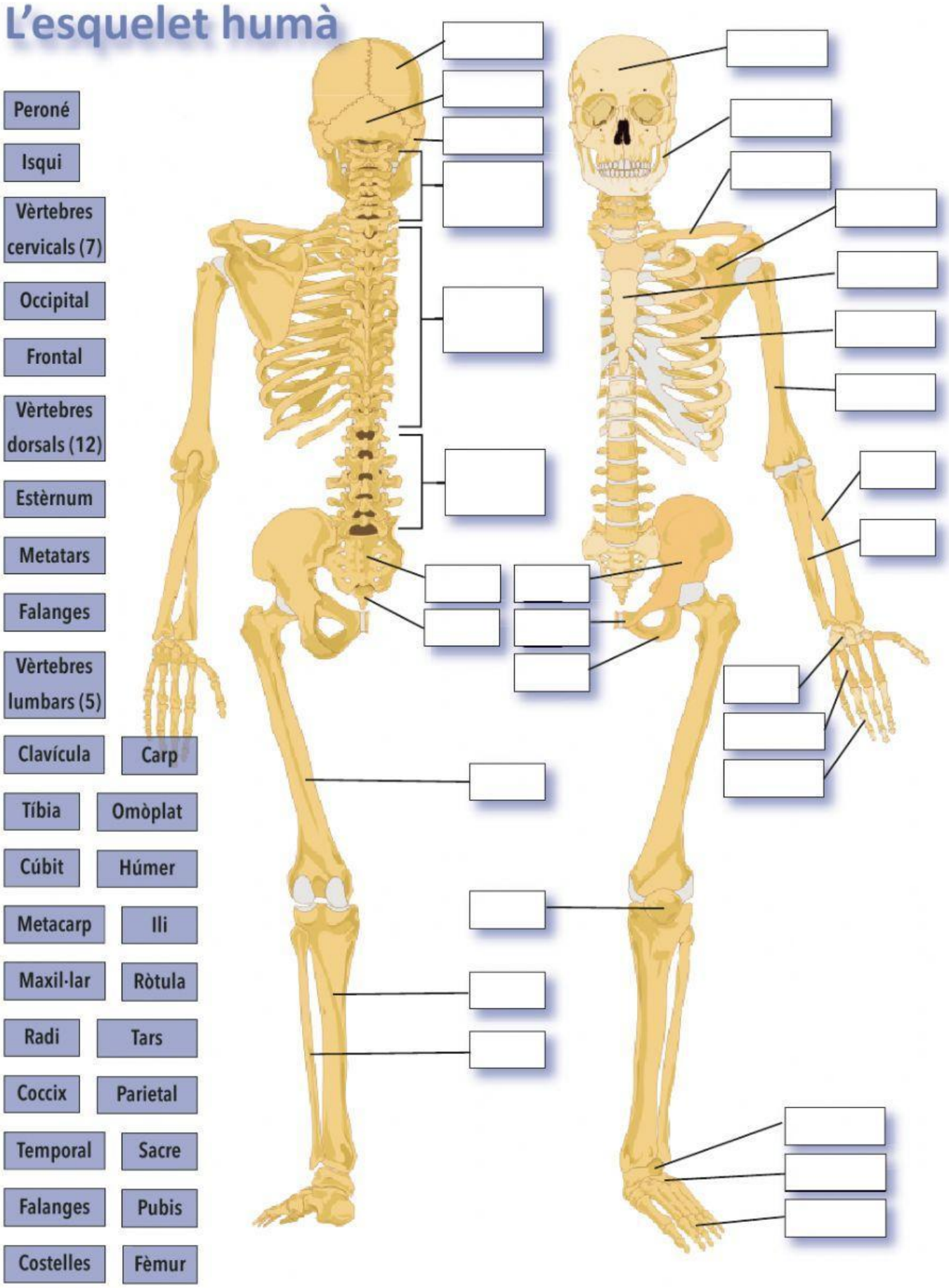L'esquelet humà