

## Feelings

### During Activity.

**Instructions:** Watch the video entitled “Watch your Feelings” Then, pay close attention to all the feelings mentioned on the video to be familiar with them. Once you do it, organize the images provided according to the order that they appeared on the video.



Angry



Scared



Jealous



Sad



Loved

### Post- Activity.

**Instructions:** After Watching the video entitled “Watch your Feelings” Write 3 recommendations about how the little girl can control her negative feelings to her sister. Mention at least two feeling/emotions in your sentences.