

Integrating Assignment 2020



Third Teens Reading

1. a) Read the text and answer the questions.

A day in the life of a ballet student

Michelle is a student at the Blanchard School of Ballet. She has lessons six days a week. On school days she gets up at seven and has breakfast in the canteen. The students and teachers eat together. Michelle has eggs, bread, jam and a glass of milk. Lessons start at half past eight. Michelle studies Maths, Science, Geography, History, Music, English, French and Italian.

Michelle has one ballet class at twelve o'clock. Then she has lunch. She doesn't eat a lot of food because she does ballet after lunch too. She practises from two to five. Then the last lesson of the day is an acting class. After that Michelle has a shower and she does her homework. Dinner is at eight and bedtime is at nine.



On Sundays there aren't any lessons. Michelle writes emails, plays tennis and talks to her friends. She goes to bed early and the school week begins again.

1. What time does Michelle get up on school days?

2. What does she have for breakfast?

3. What does she do before lunch?

4. How many ballet lessons does she do in a day?

5. What does she do on Sundays?

b) Answer T (true) or F (false).

1. Michelle plays football at school. _____

2. She has breakfast in the canteen only with her partners. _____

3. She doesn't have sausages for breakfast. _____

4. Her lessons start at half past eight. _____

5. Michelle studies eight subjects at school. _____

6. On school days, she has a big lunch. _____

7. She studies acting in the afternoon. _____

8. She does her homework before she has a shower. _____

2. Read the text and write the name of the meal.



I'm Rav and I'm British

There are some really good meals in my country. Here are three of my favourites.

English breakfast
This is a hot breakfast. My mum cooks it for me at the weekend. You can have different things for this breakfast, but I like some sausages, two eggs and a tomato.

Fish and chips
People usually order this meal from a restaurant. But my dad makes the best fish and chips in the world! There's always some fish in the fridge at my house because he cooks fish and chips for the whole family every Friday.

Chicken and rice
Is there any chicken on the menu at my house? No, there isn't. But there is some chicken and some rice at my aunt's house. She cooks this meal for me when I visit her. There's always a lot of food so she gives me some to take home!







1. There are some eggs in this meal. _____
2. There isn't any meat in this meal. _____
3. A lot of people order this meal. _____
4. Rav's mum cooks this on Saturday. _____
5. Rav's dad makes this once a week. _____
6. Rav takes some of this meal home. _____

3. Complete the text with the words from the box. There is one extra word.

a – any – bar – carton – don't – eggs – sugar

Hi Ivor,

Do you want to make ice cream at home?

I've got ⁰a great recipe for you and you

¹_____ need a lot of things. I'm sure

there are ²_____, a ³_____ of

cream, a ⁴_____ of chocolate and some

⁵_____ in your kitchen.

See you at the weekend. Jill