



HI! #sciencetime

## A HEALTHY LIFE

1. MATCH the correct illness. (RELACIONA LA ENFERMEDAD CON SU FOTO CORRESPONDIENTE)

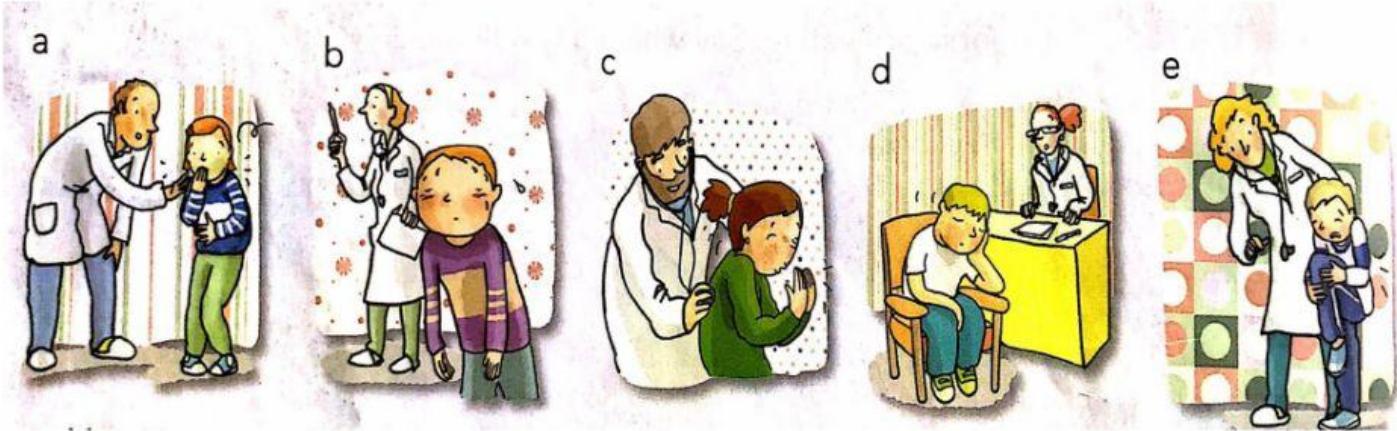
PAIN

COUGH

EXHAUSTION

FEVER

VOMITING





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2. Move the words in their corresponding boxes: (COLOCA LAS PALABRAS EN SUS CASILLAS CORRESPONDIENTES)

Nutrients in food		Body-regulatory food	
<b>Why we need them</b>	They give our bodies energy.	proteins	They help our bodies function correctly.
<b>Good sources of these nutrients</b>		meat, fish, pulses, dairy, eggs	
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## Body-building food

vitamins  
minerals  
fibre

fruit, vegetables



## Energy-rich food

carbohydrates  
fats

butter, oil, bread,  
potatoes, rice, pasta



They help our bodies grow and heal.

BYE!

